

BULLETIN: Volume 77, Number 42, October, 2019

## THE ANALYTICAL PSYCHOLOGY CLUB OF NYC Presents

# THE CLOSET NARCISSIST: WOODY ALLEN'S "BLUE JASMINE"

## SUSAN KAVALER-ADLER, PhD, ABPP, D.Litt, NCPsyA Saturday, October 12, 2019, 1PM to 5PM

Members and Seniors: \$20.00, Non-Members: \$30.00 Students with IDs: \$10.00 Contact: (212) 557-1502 or <u>contact@jungclubnyc.org</u> C.G. Jung Center, 28 East 39<sup>th</sup> St. NY, NY 10016

# **Contents:**

# APC Tel#: (212) 557-1502

President's Reflections	Page2
Reflections on Past Events	Page3
Up Coming Events	Page4
KLM News	6
	6

The Bulletin is a publication of the Analytical Psychology Club of New York, Inc., 28 East 39<sup>th</sup> Street, New York, NY 10016. It is published eight times a year from September through May. Send changes of address, etc., to APC Consultant, C.G. Jung Center, 28 East 39<sup>th</sup> Street, New York, NY 10016.

Email submissions for the Bulletin to <u>contact@jungclub.org</u> with SUBMISSION in the subject line, or mail to the APC Consultant at the C.G. Jung Center. Copy deadline is the 15<sup>th</sup> of each month for inclusion in the following issue.

#### PRESIDENT'S REFLECTIONS

#### JOSEPH MOORE: PhD, LCSW, PSYCHOTHERAPIST

#### OCTOBER 2019

There are several beliefs about what babies bring with them when they are born. One is that children are born with original sin. In the Christian religion, they must be baptized to rectify this and then need to be disciplined to make sure they grow in God's good graces. Another belief is that babies are born as if they are a blank slate and that the parents' role is to fill this void to create adults.

Carl Jung believed that children were born with their own unique characteristics. Children only needed to be nourished to become their individuated selves. As each individual tree in the forest, children needed the equivalent of water and sunshine to become their unique beings. As some of you may know, the first part of my career was in child welfare working with abused and neglected children and adolescents. While these young people did not always behave well because of their anger and poor self-esteem, I was always amazed at the strength many of them possessed and their ability to survive.

Which brings me to Friday, 9/20/19. My wife and I went to the Climate Strike March. We do not march anymore but we were there to support all the young people who were protesting. The energy and vitality were unbelievable. From the "all women drum band" with its fervent beat to the 1<sup>st</sup> and 2<sup>nd</sup> graders sporting their signs that "THERE IS NO PLANET B," and "MAKE AMERICA GREATA AGAIN," everyone was present and doing what needs to be done. When I hear Greta Thunberg and the Parkland students Emma Gonzales and David Hogg, I think back to the 60's and the civil rights and anti-war movements. As Greta Thunberg says: "How dare you!" older generation. As we sang in the 60's, get out of our way. I know that we were naive in the 60's really believing that we could change the world, but we did change things. And I know the young people of this generation are also naïve, but I hope that they will also change things.

I also know that Greta, Emma and David are not totally individuated yet. There are too many expectations place on them for them to see who they truly are. I also know that naïve passion is very powerful, and I hope that this anger can be sustained. And while I, as Jung did, believe that the only way I can make a contribution to humanity is to deal with my shadow so it does not add to the burden, I also believe that large protest movements make a difference.

# **REFLECTIONS ON ROYCE FROEHLICH'S PRESENTATION** by Robert McCullough

Royce Froehlich, PhD, MDiv, LCSW-R presented a workshop on Saturday the 21st of September titled Technology--Pharmakon, Poison and Cure: Jung and the Paradox in Media. He demonstrated the application of Jung's theory of opposites in the field of the media, where both life-enhancing and destructive trends jostle for supremacy. Early in the workshop we spent time on one of Jung's Red Book paintings of a cityscape crammed with mundane activities crowned by a vibrant gold and red mandala spouting flames. It's the spirit of the times vs the Spirit of the Depths. Is the world too much with us to allow spiritual realities to intrude?

We explored the addictive nature of the media with questions such as: Do we switch on the tv when we come home to an empty apartment? Do we recall how we felt when we forgot to bring along our cell phone? Jung was quite concerned about the onrush of technology and even avoided many modern conveniences when he retreated to his compound at Bollingen where he had to pump water and had no electrical connections. He was fearful that our technological provess would far outstrip our mental capacity to wisely control its potentials.

Royce provided excerpts from two rock operas: Tommy by the Who and The Wall by Pink Floyd. In both, the protagonists end up alone--a state many people try mightily to avoid, fending it off with addictive media consumption or blotting it out with substance abuse. Being alone--or "all one" as one attendee said--may be the moment we're ready to integrate the Spirit of the Depths into everyday life.



#### THE ANALYTICAL PSYCHOLOGY CLUB OF NYC

THE CLOSET NARCISSIST: WOODY ALLEN'S "BLUE JASMINE"

Presenter: SUSAN KAVALER-ADLER, PhD, ABPP, D.Litt, NCPsyA

When: Saturday, OCTOBER 12th, 2019, 1-5pm EST Where: The C.G. Jung Center, 28 E 39th St, New York, NY 10016 Members and Seniors: \$35.00, Non-Members: \$45.00 Students with IDs: \$15.00 Contact: (212) 557-1502 or contact@jungclubnyc.org

This one day workshop will feature the presentation of Woody Allen's film, "Blue Jasmine," to analyze the nature of the "closet narcissist," as described by Annie Reich, James Masterson, and Susan Kavaler-Adler. Dr. Kavaler-Adler will offer her analysis of Woody Allen's Blue Jasmine character (played in the movie by Kate Blanchet), opposite of the psychopathic grandiose narcissist husband (played by Alec Baldwin). Dr. Kavaler-Adler will define the trajectory of the Blue Jasmine character as the repetition of psychic arrest in the "closet narcissist." She will describe this arrested woman as the woman who fails – in Marion Woodman's terms – to "leave the father's house." She will also relate the false self of the closet narcissist, who is compelled to merge with the grandiose narcissist male (often called "chemistry") – to the woman artist who merges in with a muse-God figure within her creative work.

Dr. Kavaler-Adler has written about this in her earlier books, *The Compulsion to Create: Women Writers and Their Demon Lovers* (Routledge 1993/ORI Academic Press 2013) and *The Creative Mystique: From Red Shoes Frenzy to Love and Creativity* (Routledge 1996/ORI Academic Press 2014). The object relations view of the demon lover complex outlined in these books co-habits easily with the Jungian demon lover complex.

The second part of the workshop will include the lively discussion on the closet narcissist dynamics and the demon lover complex, as it is seen through the lens of Jungian psychology and the object relations theory.

Susan Kavaler-Adler, PhD, ABPP, D.Litt., NCPsyA is a senior psychologist and object relations psychoanalyst, who has practiced in Manhattan for over 40 years. She is the founder and executive director of the Object Relations Institute for Psychotherapy and Psychoanalysis, where she also serves as a training analyst, a senior supervisor and an active faculty member. She is a Fellow of the American Board and Academy of Psychoanalysis, and is on the editorial board of the online *Psychoanalysis: Psychoanalytic Critique* journal. Dr. Kavaler-Adler is also a prolific author, who has published six books and over 70 peer-reviewed articles. She is the recipient of 16 awards for her psychoanalytic writing, including 2004 Gradiva® award from NAAP for her book *Mourning, Spirituality, and Psychic Change: A New Object Relations View of Psychoanalysis* (Routledge 2003). Her later Karnac/Routledge books include *The Anatomy of Regret: From Death Instinct to Reparation and Symbolization in Vivid Case Studies* (2013) and *The Klein-Winnicott Dialectic: Transformative New Metapsychology and Interactive Clinical Theory* (2014).

Information on Dr. Kavaler-Adler's monthly groups, books, and practice see www.kavaleradler.com

#### **KML NEWS**

The Kristine Mann Library will host its annual Fall Fundraiser/Book Sale starting Monday September 30th featuring many Jungian titles from generous donations from retiring Jungian Analysts! We will sell books through the end of October! Please support the Library!

#### **TUESDAY EVENING DISCUSSION**

The next Tuesday Evening Discussion meeting will be on October 29th at 6:30 pm. We explore interesting quotes of Jung every month. Wine and cheese will be served.

# SAVE THE DATE

Frank Braio's Song-Music Fest workshop will be on November 16. Saturday. We look forward to seeing many of you.

#### **BOOK DISCUSSION GROUP MEETINGS**

The Book Discussion Group meetings will be on the 4<sup>th</sup> Wednesdays of the month. Please join the club and become a member of Face Book. For more information, contact book discussion group leader Robert McCullough: <u>metafizz@gmail.com</u> phone: 212-532-8379



The Analytical Psychology Club of New York, , Inc. ~ A Gathering Place for Self-Discovery \*

The C. G. Jung Center: 28 East 39th Street, New York, NY 10016