



The Analytical Psychology Club of New York, Inc.
A Gathering Place for Self-Discovery

BULLETIN: Volume 77 Number 6 October 2015

OCTOBER PROGRAMS

The New Directions Committee of the APC of New York, Inc. presents

**Bigotry: Its Philosophic Causes and Possible Solution
A Workshop Presented by Andrew Bernstein, PhD**

Saturday, October 31, 2015 (10 a.m. - 2:00 p.m.)

At the C.G. Jung Center, 28 East 39th St. NYC

contact@jungclubnyc.org / (212) 557-1502

See Page 6 for more details

and

Individuation: Can it Ease the Need to be a Bigot?

A Workshop Presented by Joseph G. Moore, PhD, LCSW

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Save the Date:

Creativity and The Quest For Perfection

Presented by Helen Altieri
Tuesday: November 10, 2015
6:30 PM to 8:30 PM

Check Out APC's Website: <http://jungclubnyc.org>

Our website contains information about the Club, our programs, the on-line Bulletin, and information about the Kristine Mann Library. There are two other areas that we feel members might find especially interesting:

Community: Here members can add their personal writings to our website, whether poetry or prose. We hope members will feel free to write about what Jung has meant to their growth to individuation. Please send submissions to: contact@jungclubnyc.org and note Website Submission in the Subject Line.

Jung's Mind: Twice a week, on Mondays and Thursdays, quotes from Jung are uploaded to this blog located on the website. We hope that this offers members an opportunity to communicate with each other about Jung's writings. Short comments are great because they lead to online conversations.

On-Going Groups:

Book Discussion Group

The Book Discussion Group continues its Tuesday evening meetings from 6:00 to 7:00 pm. In the course of a year, members read and discuss two to three books. Titles are suggested and agreed upon by members. Recent titles include: [Jung to Live By](#).

The group is always happy to welcome new members. If you are interested please call Bob McCullough at 212-532-8379 for more information.

The Bulletin is a publication of the Analytical Psychology Club of New York, Inc., 28 East 39th Street, New York, NY 10016. It is published eight times a year from September through May. Send changes of address, etc., to APC Consultant, C.G. Jung Center, 28 East 39th Street, New York, NY 10016. Email submissions for the Bulletin to contact@jungclub.org with SUBMISSION in the subject line, or mail to the APC Consultant at the C.G. Jung Center. Copy deadline is the 15th of each month for inclusion in the following issue.

President's Reflections

By Joe Moore, PhD, LCSW

There have been some changes at APC. As many of you already know, Katherine Mylenki has resigned as the Consultant to the Board so she can move on to new and exciting adventures. The Board and all of APC cannot express enough our gratitude for the work that Katherine has done for all of us. We wish her all the BEST in the future.

During the past year, the Board decided we would publish the Bulletin in house rather than having it done commercially. Since we have not done this before, we anticipate our first attempts will not be what the Bulletin will look like in the future. This is especially true since we want to change the format of the Bulletin and are considering what we want the Bulletin to look like.

Because of the efforts of Lorna Peachin last Christmas in raising money for APC, we were able to purchase a computer, printer, desk, chair and new phone for our office. Naturally, when one gets new office equipment, it takes time to learn how to use it. We have just hired a new consultant, so, for a short while, APC may not be able to respond as smoothly to the membership (i.e. email, website) as we would like.

If you are having problems getting though to us, please contact me directly at:

josephmoorephd@earthlink.net. Or at 212-721-7478

I am always happy to hear from you. If you have any ideas about the Bulletin, future programs, etc., please let us know.

I do feel that his year's programs promise to be very stimulating. Thanks to the work of Fred Gurzeler, New Directions Chairperson, the Saturday events are going to very interesting. Alex Masciotti and Francoise Richards are lining up some exciting Tuesday evening workshops.

As you may know by now (flyers were sent to members), the various groups at the Jung Center (APC, ARAS, the Institute and the Foundation) are sponsoring a Red Book Event. This will include an exhibition of some images from the Red Book at Long Island University and a one day conference entitled: "Snakes, Dragons and Other Scaly Creatures." A reception for the exhibition will be on March 4th 2016 front 6PM to 8PM at Long Island University and the Conference will be on March 5th 2016 at the Jung Center.

KML News

The Kristine Mann Library “**Annual Book Sale and Fundraiser**” begins on November 3rd and runs through the December. KML is raising funds to buy new computers. There will be Jungian themed gift baskets, many Jungian titles and vintage Jungian journals. Come to KML during this time to see the great books you may want to purchase.

New Board Member

Peter Gradilone, LCSW was elected to the APC Board in September 2015. Peter started his career in education as a teacher, administrator and principal. He later earned his MSW from the Fordham University School of Social Services and is working as a clinical social worker in a mental health clinic. Peter is thinking of starting a private practice in the future. The Board looks forward to Peter’s knowledge and enthusiasm in helping the Board and APC to grow.

Fast Breaking News

APC has hired **Jeonghae Kim** as the new Consultant to the Board. Ms. Kim holds a Masters in Science in Library and Information Science from Long Island University and a Bachelor of Arts in German Language and Literature from INHA University in Incheon, South Korea. Her interests are in rare books and special collections. She is also interested in learning more about psychology and Jung. We look forward to having Jeonghae work us, and I hope all of you will have an opportunity to meet her.

The C. G. Jung Center of New York is pleased to announce

A Red Book Event

March 4-5, 2016

From February 29 to April 1, 2016, an exhibition of the Digital Fusion prints from Jung's Red Book (theredbookprints.com) will take place at the Salena Gallery of Long Island University - Brooklyn (www.facebook.com/liubrooklynart). You are cordially invited to the **Opening Reception** on Friday evening, 6:00-8:00pm, March 4, at the gallery at One University Place, Brooklyn. These magnificent 25x33 inch reproductions of Jung's paintings made their art world debut at the 55th Annual Venice Biennale in 2013, where the original manuscript of the Red Book was on display.



In conjunction with the exhibit, a **Conference** will be held on Saturday, March 5, at the C. G. Jung Center of New York, 28 East 39th Street. Entitled ***Snakes, Dragons, and Other Scaly Creatures***, the Conference is co-sponsored by the C. G. Jung Institute of New York (<http://www.junginstitute.org>), the New York Association for Analytical Psychology (<http://www.nyaap.org>), the C. G. Jung Foundation of New York (<http://www.cgjungny.org>), the Archive for Research in Archetypal Symbolism (<http://aras.org>), and the Analytical Psychology Club of New York (<http://jungclubnyc.org>)

The New Directions Committee Presents Two Programs on October 31, 2015

**Bigotry: Its Philosophic Causes and Possible Solution
a Workshop Presented by Andrew Bernstein, PhD**

**Saturday, October 31, 2015 (10 a.m. - 2:00 p.m.)
At the C.G. Jung Center, 28 East 39th St. NYC
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The year 2015 is the one hundredth anniversary of the Armenian Genocide, an atrocity driven by ethnic and religious hatreds, in which roughly a million innocent human beings were murdered. Hitler used this event as a template for his horrific crimes. In the United States, "Land of the Free," the Jim Crow era in the Southern states was described by some as the "The Negro Holocaust," with thousands of innocent black Americans lynched, burned and otherwise brutally murdered. These and other atrocities were fueled by racial, nationalist, and/or religious hatreds.



Has mankind, despite its progress in the arts, sciences, medicine and technology, failed philosophically and morally to transcend the primitive thinking of prehistoric tribes? Do we still construe humans as indistinguishable members of racial or ethnic collectives?

Is individualism, with inalienable individual rights, a viable moral-political solution to this problem? If a human being is understood as a unique individual, and tribal membership construed as inconsequential and irrelevant to the question of individual character, will that understanding obviate the timeless problem of bigotry?

Can a society of individualists regarding themselves as unique, distinct persons live together in mutual respect, peaceful cooperation and harmony or would it inevitably devolve into chaotic anarchy, fractious sectarianism, and the brutal condition Thomas Hobbes called the "war of each against all"? Would humanity thus leap from the proverbial frying pan into a blazing fire?

Given the bigotry-fueled crimes of human history, these become life-and-death questions. Both violent bigots and anti-social individualists are dangerous, even more so in a world with weapons of mass destruction. Individualism may solve the problem of bigotry but is there some evolved, rationally healthy form of individualism that recognizes and encourages the priceless values of human intimacy, mutual cooperation and enduring peace? These are the questions this talk raises, and seeks to answer.

Andrew Bernstein holds a Ph.D. in Philosophy from City University of New York. He has taught Philosophy at several New York-area universities and lectures regularly in the U.S. and abroad. He is the author of several books and has published numerous essays in The Objective Standard (TOS), where he is a contributing editor, among other publications. His series on bigotry will appear in the next three issues of TOS.

AND

Individuation: Can it Ease the Need to be a Bigot?
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Adrian Savage writes: "Ignorance and fear, the two pillars of bigotry, are powerful allies. Each supports the other. It worries me that ignorance seems to be on the increase as people are persuaded by 'true believers' of every kind to value belief over thought." This fear is unconscious, so projects onto others that they are inferior to us because we are afraid that we are inferior to them.

As Jung writes, "If you imagine someone who is brave enough to withdraw all his projections, then you get an individual who is conscious of a pretty thick shadow. Such a man has saddled himself with new problems and conflicts. He has become a serious problem to himself, as he is now unable to say that they do this or that, they are wrong, and they must be fought against.... Such a man knows that whatever is wrong in the world is in himself, and if he only learns to deal with his own shadow he has done something real for the world. He has succeeded in shouldering at least an infinitesimal part of the gigantic, unsolved social problems of our day."

This workshop will explore the concepts of ignorance, fear projection and shadow as the foundations of bigotry. It will explore the steps to Individuation to see if the process towards Individuation eases the need to be a bigot.

Joseph G. Moore has worked in the field of Child Welfare for 45 years. He has been in Jungian therapy for over 30 years and has practiced as a Jungian-oriented therapist for the last 25 years.

Fees:

For those also attending one event:
Members: \$20: Non-Members: \$25: Students \$10

For those attending both events
APC Members/Seniors \$35; Non-APC Members \$45;
Students with valid ID \$15

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Reflections on “Acknowledging the Connectedness of Creation”

The APC hosted a New Directions event long awaited and powerfully delivered by John Kane, Native American activist and carrier of wisdom. His talk, given May 9, dealt with *Acknowledging the Connectedness of Creation*, was well received.

Mr. Kane cited *Lies My Teacher Told Me*, authored by James W. Loewen, an account of the inaccuracies of historical depiction, or shaping history into propaganda for the purpose of lauding American exceptionalism. This is linked to an attitude of white supremacy, or has its roots in the European concept of hierarchy or the rule of law, and subsequently the creation of American industry and capitalism. Legions of white European settlers and the military swept the land with little regard for Native American culture. However, Mr. Kane made it clear that his presentation was not intended to vilify white European efforts to control the New World, but to exemplify Native American consciousness in metaphorical terms. These terms he laid out, always concluding with the mantra: “Our minds are one.”

It’s important to open with a good frame of mind when connecting with others, i.e. leaving a gathering with good spirit, recognizing the people as part of the cycle of life, and heeding the original Native American regard for a covenant with Nature. It is also important to emphasize peace, balance, harmony, and gratitude with people. Mr. Kane stated that for the Native American: ***The Earth Is Our Mother*** for she gives us balance, never failing in her obligation with joy in caring for us; ***The Waters*** give us strength as a source of life; ***The Fish*** cleanse and purify the waters where life begins; ***The Plants*** enrich the soil, as the foundation of life, which provides food and materials for survival; ***The Food Plants***: fruits and nuts, the three sisters: corn, beans and squash, faith in the harvest; ***the Medicine Plants*** give us healing properties and the keepers of those plants; ***the Trees*** provide food, shelter and fuel, make fire, homes and purify the air and provide a symbol of peace, beauty and strength; ***the Animals*** show us survival skills and teach us about family and provide food as our cousins; ***the Birds***: remind us of the beauty of flight, song, and provide a balance to life, and a source of food, and teach us the seasons and about migration; ***the Winds*** bring weather and cast leaves and seeds; ***the Thunder and Lightning*** charges the ground; ***the Sun***, our grandfather, provides light and wisdom, the fire of life, and is the ultimate warrior; ***the Moon***, the grandmother, connected to the women of the world; ***the Stars*** are our distant cousins that give us home and tranquility; ***the Enlightened Ones*** bring us forward, not backward, and teach us not wisdom, but prepare us for it; ***the Power of Creation***, or the great mystery, is complete, not for us alone, but also responsible to those we shall never see; ***Giving Thanks*** by each of us in our own special way; ***Understanding Native Spirituality***: Native stories sometimes corrupted, our Creation Story is not our history, but refers to Sky Woman, who falls through a hole in the sky and lands on a turtle, and goes into a water world; the Creation Story is about child birth, or the birth of Man, in order to prepare young people to live life through nine major ceremonies.

Absent from the Native American process is the white man’s belief in a Higher Power or Ruling Force. The Native American believes only in the importance of accepting the challenge of our instincts and acknowledging the uniqueness of relationships. Thus, Native Americans don’t believe in God’s Image, but in taking responsibility for relationships. The cornerstone of these beliefs evolved over what is called: ***The Seven Generations***, or an awareness of what is happening today, and how this will affect our future children. The Native American believes that our impact on a person will affect our after life.

In presenting these motifs, Mr. Kane asserted that Native Americans emphasize the importance of *opening our way of thinking* and not to challenge other beliefs, but to offer a keen perspective as to the



meaning of life. The Native American adheres to an obligation of honoring the Seven Generations and the knowledge gleaned from them while striving to live a meaningful life. To the Native American, personal status is measured by what one *gives*, not by what one accumulates. One cannot become successful unless one's neighbor is successful.

A film entitled, *Pagans In a Promised Land*, produced by Steven Newcomb, director, followed in the afternoon, depicting a healing process some Native Americans are using to counter the methodical elimination of Indigenous rights in America.

John Kane works with the Seneca Nation to do good work in Indian country, and to promote the recognition of environmental issues that threaten not only the survival of Native Americans, but also the populace in general. Mr. Kane's talk served to remind us that the core of a nation divided must be stirred by the trauma of its history and the struggle for human rights that must be recognized as a necessary tool for the salvation of all.

Fred Gurzeler chairs the New Directions Committee and contributed this article.



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