

BULLETIN

Volume 76
Number 6
October 2014

October Program

First Session: Tuesday, October 7, 2014, 6:30 p.m. – 8:30 p.m.

RECLAIMING THE INNER CHILD

A Two-Session Workshop led by Joseph G. Moore, PhD, LCSW

At the C.G. Jung Center, 28 East 39th St., NYC

See pages 6 - 7 for more information

October Program

Tuesday, October 28, 2014, 6:00 p.m.-7:00 p.m.

JUNG IN EVERYDAY LIFE

An Informal Talk Among APC Members and Friends

At the C.G. Jung Center, 28 East 39th St., NYC

See page 7 for more information

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PROGRAM CALENDAR - Fall - Winter 2014

Tuesday, October 7, 2014, 6:30 p.m.

RECLAIMING THE INNER CHILD

A Workshop led by Joseph G. Moore, PhD, LCSW

The second session of the workshop will be on December 2

See pages 6 & 7 for more information



Tuesday, October 28, 2014, 7:00 p.m.

JUNG IN EVERYDAY LIFE

An Informal Talk Among APC Members and Friends

See page 7 for more information

Tuesday, November 11, 2014, 7:00 - 9:00 pm.

JUNG AND ALCOHOLISM: THE DREAM BEHIND ADDICTION

Presented by Mark Simmons, LCSW-R

See page 8 for more information

Tuesday, December 16, 2014, 6:30 - 9:00pm.

ANNUAL HOLIDAY PARTY

Our traditional holiday celebration and buffet

See page 10 for more information

Wednesday, May 20, 2015

THE ANNUAL BUSINESS MEETING

Tuesday, January 20, 2015. 7:00 - 9:00 p.m.

MY CHILD, MYSELF: PARENTING FROM THE HEART

A Workshop led by Andrea Spiritos, LCSW

All events start at 7:30 p.m. unless stated otherwise.

Program Fees: APC members \$10; non-members \$20; students with valid ID \$15

General Inquiries: 212 557 1502; Program Inquiries: email

contact@jungclubnyc.org

Eleanor Bertine Auditorium, C. G. Jung Center, 28 E. 39th Street, NYC.

The Bulletin is a publication of the Analytical Psychology Club of New York, Inc., 28 East 39th Street, New York, NY 10016. It is published eight times a year from September through May. Send changes of address, etc. to APC Corresponding Secretary, C. G. Jung Center, 28 East 39th Street, New York, NY 10016.

Email submissions for the Bulletin to contact@jungclubnyc.org with SUBMISSION in the subject line, or mail to SUBMISSION, APC of NY, Inc., 28 E. 39th St. New York, NY 10016. Copy deadline is 15th of each month for inclusion in the following issue.

BULLETIN BOARD

NEW DIRECTIONS PROGRAM CALENDAR

New Directions Programs meet at the Center unless noted.
Program Fees: \$45 for APC members, \$50 for non-members,
\$35 for over age 55, Students with valid ID are \$25.

General Inquiries: 212 557 1502

Program Inquiries, email: apcnewdirections@aol.com

Saturday, November 22, 2014, 10 am - 2:00 pm

SYNCHRONICITY

a Workshop led by Joseph G. Moore, PhD, LCSW

See page 9 for more information

SAVE THE DATE!

BRINGING THE SHADOW TO LIGHT.

The APC is soliciting "Abstracts" for a New Directions program to be held on March 28, 2015 on Jung's concept of Shadow. We hope that those in our Jungian community who feel knowledgeable about Shadow will consider submitting an abstract. The deadline to submit your material is December 1, 2014. We will announce more details about this program in January, 2015.



Exploring Dreams

with Francoise Richards, Jungian
Analyst. Call her at 212-586-7510



Book Discussion Group



The Book Discussion Group continues to meet on Tuesday evenings from 6:00 to 7:00 PM. In the course of a calendar year they work through two to three books. So far this year they have completed discussion of books on the Scapegoat Complex and the Transcendent Function. They are now halfway through a book on using Jungian Ideas in Everyday Life.

Those interested in joining the group should call Bob McCullough at 212-532-8379.

PRESIDENT'S REFLECTIONS

by Joe Moore, PhD, LCSW, Retired Psychotherapist

We are moving forward slowly. Several new members have joined the Club, including one as a General Member and one as a Student Member. Unfortunately, others have decided not to renew their memberships. The Membership Committee and other Board members will be reaching out to past members to try to rekindle their connection to the APC.

We hope that all of you will talk to your friends who might be interested in learning more about C.G. Jung and Analytical Psychology about our new General Member category and encourage them to join the Club.

We announced in last month's Bulletin that the APC is sponsoring a New Directions program titled "Bringing the Shadow to Light" on March 28, 2015. We are requesting "abstracts" from APC members and others in our Jungian community who are knowledgeable about Shadow. We are excited about this program and hope that those who feel knowledgeable about Shadow will submit an abstract, and that all of you who are interested in Shadow will join us on March 28. We're repeating our request for abstracts in this issue.

As I mentioned last month, you will be receiving an online survey about what you would like the APC to do, and what kind of programs you would us to present, in the future. Last week I got roped into a phone survey that lasted way too long. This one is just a few questions, to be answered and submitted online, anonymously if you wish. It will be very helpful for our future planning to have your input, so we hope you'll take a few minutes to fill it out and submit it.

In the next month's Bulletin, we will be introducing the new members of the Board.

EDITORIAL NOTES

by Katherine Mylenki, Bulletin Editor

As you'll see as you peruse this issue, we have made a lot changes to our program schedule, which is still a work in progress.

President Joe Moore's workshops on "Reclaiming the Inner Child" will now have two sessions, on Tuesday, October 7 and Tuesday, December 2.

The monthly get-together "Jung in Everyday Life" has been relocated to the Kristine Mann Library, and the time will be 7:00pm-8:00 pm. The first meeting will be on Tuesday, October 28. Future dates will be announced then.

Mark Simmons will present a talk on "Jung and Alcoholism: The Dream Behind Addiction" on Tuesday, November 11. He references a letter from Dr. Jung to Bill Wilson, founder of Alcoholics Anonymous, and the classic good-to-evil transformation tale "Dr. Jekyll and Mr. Hyde," certainly an evocative combination.

November will also bring our first New Directions program of the season, a workshop hosted by Joe Moore on "Synchronicity," Jung's theory concerning those acausal connections of seemingly random events that we all experience at one time or another, to be held on Saturday, November 22, from 10:00 am-2:00 pm.

On December 16 we'll celebrate the holidays with our annual buffet. And on Tuesday, January 20 Andrea Spiritos will lead a workshop titled "My Child, Myself: Parenting from the Heart." We'll have more information on that in our next issue.

The Analytical Psychology Club of New York, Inc. Presents:

RECLAIMING THE INNER CHILD

A Two-Session Workshop led by

Joseph G. Moore, PhD, LCSW

Tuesday, October 7, 2014 and Tuesday, December 2, 2014

6:30 – 8:30 p.m.

At the C.G. Jung Center, 28 East 39th St. NYC

contact@jungclubnyc.org / (212) 557-1502



With his visit to the Taos Pueblo in 1923 C.G. Jung began his exploration into various non-European cultures. Chief Mountain Lake stated that Native Americans thought with their hearts, not with their minds. Through meditation on this statement, Jung realized how coercive and punitive European thought was and how we needed to re-establish a connection to values emanating from the heart.

Native American family values radiate from the heart and stress “belonging,” “mastery,”

“independence” and “generosity” as building blocks for child development. Three psychologists – one a Lakota Sioux – using this Native American family system model developed a theory of Empowerment Psychology.

Even loving parents often do not know how to meet their children's needs of “belonging,” “mastery,” “independence” and “generosity.” When children do not have the favorable conditions to meet these needs they struggle, finding ineffective, inappropriate and often destructive ways for these needs to be fulfilled. It is at these times that the child feels isolated and alienated from the true self. These “split-off aspects of the self” become our inner children. They often “act up” to get the attention they did not receive growing up.

For the adult who wants consciousness, authenticity and individuation, these inner children must be reclaimed and integrated into the self. This workshop will explore ways to integrate the inner child.

BULLETIN BOARD

Fees per session:

**APC Members/Seniors: \$10; Non-APC Members: \$20;
Students with ID: \$15. For information/reservations
email contact@jungclubnyc.org / phone 212-557-1502**

Joseph G. Moore has worked in the field of Child Welfare for 45 years. He has been in Jungian therapy for over 30 years and has practiced as a Jungian-oriented therapist for the last 25 years. He is reclaiming and integrating several inner children into his Self.

The Analytical Psychology Club of New York, Inc. Presents:

JUNG IN EVERYDAY LIFE

An Informal Talk Among APC Members and Friends

Tuesday, October 28, 2014, 7:00pm-8:00pm

in the Kristine Mann Library, 4th Floor

At the C.G. Jung Center, 28 East 39th St. NYC

contact@jungclubnyc.org / (212) 557-1502

Join us at this first in a series of informal get-togethers of APC members and friends. We'll have the opportunity to share how we use Jungian insights in our day-to-day lives.

Attendees will have a set amount of time, about 5 minutes each, to speak, and then it will be the next person's turn. After all have spoken, we'll see where our conversation leads us.

We're planning our first meeting on Tuesday, October 28. Future dates will be announced once scheduled.

We are not requiring advance reservations, but for planning purposes please let us know by email, contact@jungclubnyc.org, or phone, 212-557-1502, that you'll join us. There is no formal charge but we will request donations.

The Analytical Psychology Club of New York, Inc. Presents:

**JUNG AND ALCOHOLISM:
THE DREAM BEHIND ADDICTION**

Presented by Mark Simmons, LCSW-R

Tuesday, November 11, 2014, 7:00pm-9:00pm

At the C.G. Jung Center, 28 East 39th St. NYC

contact@jungclubnyc.org / (212) 557-1502



“His craving for alcohol was the equivalent, on a low level, of the spiritual thirst of our being for wholeness, expressed in medieval language: the union with God.” (Letter from Carl Jung to Bill Wilson)

What is nature trying to do? What is trying to happen? Traditional models of addiction treatment interrupt active behavior, but the dream behind the addiction remains, compelled to be expressed in the dream's shadow: perdition, drunken attempts at ecstasy and destructive behaviors, beliefs and attitudes that lead to death.

Jung understood this as a spiritual problem. His teleological view of nature sees problems and symptoms as purpose-driven, meaningful and organized by higher intent. That healing, wholeness, desire and individuation stem from this intention has special relevance today, when God appears hidden as we participate in an orgy of like-mindedness. Missing: An approach to addiction that values each individual's subjective experience as their gateway to individuation and consciousness, the positive intention behind each behavior and the shifting of attention from ego and problem to the Self.

Caught in an eternal Jekyll-Hyde polarity, going from one extreme to the other, the tension between opposites never occurs, the opposites remain split and the essence-oneness between the opposites remains dormant.

Fees: APC Members \$10; Non-Members \$20; Students with ID \$15

**For further information or to make a reservation call (212) 557-1502
or email contact@jungclubnyc.org**

*Mark Simmons, LCSW-R is co-author of *The Problem is the Solution, A Jungian Approach to a Meaningful Life*. He has a spiritually-based practice in New York City and manages a team of social workers and psychologists for a large community-based mental health program.*

BULLETIN BOARD

The New Directions Committee of the APC, Inc. Presents: **SYNCHRONICITY**

A Workshop led by Joseph G. Moore, PhD and LCSW
Saturday, November 22, 2014 from 10 am - 2:00 pm
At the C.G. Jung Center, 28 East 39th St. NYC
contact@jungclubnyc.org / (212) 557-1502

C.G. Jung originated the term synchronicity to express his concept of a “significant coincidence of physical and psychological phenomena that are acausally connected.” Jung struggled to define what exactly an acausal experience is. However, such events do occur. Everyone has had occurrences of synchronicity. The scarab is illustrative of Jung’s concept of synchronicity.

This workshop will explore these phenomena and the importance of synchronicity in Analytical Psychology. An important goal of the workshop will be to discuss participants’ personal experiences of synchronicity and how those events affected their lives.



Fees for the workshop:
APC Members & Seniors \$35; Non-APC members \$45;
Students with valid ID \$15
For further information or to make a reservation call
(212) 557-1502 or email contact@jungclubnyc.org

Joseph G. Moore has worked in the field of Child Welfare for 45 years. He has been in Jungian therapy for over 30 years and has practiced as a Jungian-oriented therapist for the last 25 years. He is reclaiming and integrating several inner children into his Self.

The Analytical Psychology Club of New York, Inc. Presents:

THE 2014 HOLIDAY PARTY

Buffet Dinner, Seasonal Entertainment

Tuesday, December 16, 2014, 6:30 to 9:00 p.m.

At the C.G. Jung Center, 28 East 39th St., NYC

contact@jungclubnyc.org / (212) 557-1502

Once again it's time for members and friends to gather and celebrate another year gone by, another new year dawning. This year our celebration coincides with the first night of Hanukkah, which adds a deeper layer of meaning to our celebration.

Our traditional buffet will be overseen by Vice President Francoise Richards in her inimitable style, and there will be seasonal entertainment. If there are Hanukkah traditions you would like to see included, or if you have any particulars of entertainment to suggest, please let us know by phone or email, listed below.

Usual program fees prevail; additional contributions to defray the cost of the feast will be very much appreciated.



Fees:
APC Members \$10;
Non-Members \$20;
College Students
with ID \$15



SEATING IS LIMITED; WE MUST HAVE YOUR RESERVATIONS BY
TUESDAY, DECEMBER 9 FOR THE CATERERS.

FOR RESERVATIONS OR INFORMATION EMAIL
CONTACT@JUNGCLUBNYC.ORG OR CALL 212-557-1502.

Send your proposals for New Directions workshops to
bloomzeler@aol.com

Articles, comments or suggestions for the Bulletin? Send to
contact@jungclubnyc.org and/or to jane.bloomer@ymail.org.

Check out our website at <http://apcnyc.org> or
<http://jungclubnyc.org>, now available on your phone or tablet as
well as on computer!



Analytical Psychology Club of New York, Inc.

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