

# **BULLETIN**

Volume 76  
Number 3  
April 2014

***April Program***

Tuesday, April 1, 2014 from 7:00pm - 9:00pm

**WICCA: A NIGHT OF MAGICK AND MYSTERY**

Presented by Katherine Manaán, Pagan High Priestess,  
Reiki Master, Interfaith Healer

*See page 6 for more information*

***New Directions Program***

Saturday, April 12, 2014 11 a.m.- 12:00 p.m.

**A WALKING TOUR OF JUNG'S GREENWICH VILLAGE**

with Jay Sherry, PhD

Tour begins at 11:00 a.m. SHARP

*See pages 7 for more information*

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**APC Tel#:(212) 557-1502**

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## PROGRAM CALENDAR - Spring 2014

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**Tuesday, April 1, 2014 from 7:00 – 9:00 p.m.**

### ***WICCA: A NIGHT OF MAGICK AND MYSTERY***

Presented by Katherine Manaán, Pagan High Priestess, Reiki Master,  
Interfaith Healer

*See page 6 for more information*



**Wednesday, May 21, 2014, 6:30 p.m.**

### ***THE ANNUAL BUSINESS MEETING***

**All events start at 7:30 p.m. unless stated otherwise.**

**Program Fees: APC members \$10; non-members \$20; students with valid ID \$15**

**General Inquiries: 212 557 1502; Program Inquiries: email**

**contact@jungclubnyc.org**

**Eleanor Bertine Auditorium, C. G. Jung Center, 28 E. 39th Street, NYC.**

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### **Book Discussion Group**



The group meets every Tuesday from 5:30 pm to 7:00 pm in the Members Room. New members are very much welcome to join. For more information please call Bob McCullough at 212-532-8379.



### **Exploring Dreams**

with Francoise Richards, Jungian  
Analyst. Call her at 212-586-7510

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The Bulletin is a publication of the Analytical Psychology Club of New York, Inc., 28 East 39th Street, New York, NY 10016. It is published eight times a year from September through May. Send changes of address, etc. to APC Corresponding Secretary, C. G. Jung Center, 28 East 39th Street, New York, NY 10016.

Email submissions for the Bulletin to [contact@jungclubnyc.org](mailto:contact@jungclubnyc.org) with SUBMISSION in the subject line, or mail to SUBMISSION, APC of NY, Inc., 28 E. 39th St. New York, NY 10016. Copy deadline is 15th of each month for inclusion in the following issue.

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## BULLETIN BOARD

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### **NEW DIRECTIONS PROGRAM CALENDAR**

New Directions Programs meet at the Center unless noted.  
Program Fees: \$45 for APC members, \$50 for non-members,  
\$35 for over age 55, Students with valid ID are \$25.

General Inquiries: 212 557 1502

Program Inquiries, email: [apcnewdirections@aol.com](mailto:apcnewdirections@aol.com)

**Saturday, April 12, 2014**

#### ***A WALKING TOUR OF JUNG'S GREENWICH VILLAGE***

Conducted by Jay Sherry, PhD

The tour begins at 11:00 in Greenwich Village and lasts about one hour

Limited to 12 participants

Fees: APC Members & Seniors \$25; Non-APC members \$30;

Students with ID \$15

*See page 7 for more information*

**Saturday, May 10, 2014 from 10 a.m.- 1:00 p.m.**

#### ***THE CAREER AS A PATH TO THE SOUL***

David Rottman, MA

Fees: APC Members/Seniors \$25; Non-APC members \$35;

Students with ID \$15

*See page 9 for more information*

Send your proposals for New Directions workshops to  
[bloomzeler@aol.com](mailto:bloomzeler@aol.com)

Articles, comments or suggestions for the Bulletin? Send to  
[contact@jungclubnyc.org](mailto:contact@jungclubnyc.org) and/or to [jane.bloomer@ymail.org](mailto:jane.bloomer@ymail.org).

Check out our website at <http://apcnyc.org> or  
<http://jungclubnyc.org>, now available on your phone or tablet  
as well as on computer!

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### **PRESIDENT'S REFLECTIONS**

by Jane Bloomer, LCSW, Licensed Psychoanalyst

Mollie Morse became an APC member 25 years ago. Carl Jung's psychological thinking deepened and broadened her life experience.

Mollie was born and reared in Mississippi. She married a minister as a young woman. He served as a clergyman in several churches. When their children were grown Mollie and her spouse discovered the work of C.G. Jung. Mollie was inspired by the Centerpoint program, which featured Jungian concepts and spiritual notions. Centerpoint has been instrumental in attracting many people to study Jung's work.

Mollie and her husband journeyed to Zurich to study Jungian precepts at the birthplace of Jungian thinking. Tragedy struck when her husband developed a critical illness which ended his life, and their stay in Zurich.

Mollie returned to the United States and decided to live in New York, where she felt an affinity for the Jungian activities that were available. She has lived on the Upper West Side for more than 20 years. After establishing residence in New York, Mollie studied for a masters degree in social work at Yeshiva University. After graduating she worked for a while and also became active with the APC, serving on the Executive Board which culminated in her becoming APC president for four years. More recently she served on the KML Board of Trustees. While APC president, Mollie attended every program, welcoming members and guests with warmth and grace.

For some time, Mollie has told friends that she will return home to Oxford, Mississippi to live near one of her daughters. She has now decided that the time has arrived for her to make this move.

Mollie's life journey has been profoundly affected by C.G. Jung and his work. The APC has reaped enormous benefits from Mollie's dedication to the Club. Many of us who know and love Mollie have fond memories of working with her on Club activities. We are deeply grateful for the many gifts of service that she gave to the Club and wish her the best as she takes this next step in her life journey.

A group of APC colleagues will honor Mollie with a fond farewell dinner March 21 at Mirabelle's restaurant.

### EDITORIAL NOTES

by Katherine Mylenki, Bulletin Editor

The calendar says spring but no one I know is buying it thus far. The Vernal Equinox isn't so Vernal this time out.

Hopefully things will improve by April 1, when we present our first-ever (I think) program on Wicca, the nature-based religion of the Goddess. I, for one, am greatly looking forward to learning about Wicca from Katherine Manaan, a Pagan High Priestess and a healer in several modalities. She will discuss how Wicca works its magick of transformation, and will help us connect to the divine within. See the article in this issue, sign up, and join us to learn about this ancient religion that is re-emerging into the world.

On Saturday, April 12 Jay Sherry is leading a walking tour of Greenwich Village, under the auspices of APC's New Directions program. The group will visit sites Jung went to when he was in our city in 1913. Specifics are in the article herein. The tour is limited to 12 participants, so be sure to make your reservations ASAP.

Please note that David Rottman's New Directions workshop, *The Career as a Path to the Soul* on Saturday, May 10, will run from 10:00 am to 1:00 pm, not until 4:00 pm as previously listed. The article in this issue gives more details about the program, which is based on David's book of the same title. He will discuss how our careers can help us define our personal language of meaning and fulfill our personal myths.



***The Analytical Psychology Club of New York, Inc. Presents:***  
**WICCA: A NIGHT OF MAGICK AND MYSTERY**

Presented by Katherine Manaana, Pagan High Priestess,  
Reiki Master, Interfaith Healer

Tuesday, April 1, 2014 from 7:00pm - 9:00pm

At the C.G. Jung Center, 28 East 39th St., NYC

contact@jungclubnyc.org / (212) 557-1502



Modern-day Witchcraft, or Wicca, is a re-emergence, a re-creation, and a re-defining of the nature-based, ancient religion of the Goddess.

The word Wicca comes from the old English word "wicce," which means "wise" or "wisdom" and the Indo-European word "wic," meaning to bend or shape. Wiccans bend and shape energy when they perform their magick.

To the witch, magick means transformation. We connect with the divine within, with the divine without, and manifest our desires, harming none and benefitting all. All of us, witch or not, have the power to directly impact our worlds in ways that are of benefit to us. Witches, though, have a very specific way of doing it.

Tonight Katherine Manaana, a witch and a High Priestess of the Goddess, will speak about the differences between Wicca and organized religion. She will then lead the group in a guided-path working, which will open you to your earth connection and allow you to interact with the God/Goddess within and around you. Truly a Night of Magick and Mystery!

**Fees: APC Members \$10; Non-Members \$20;  
College Students with ID \$15**

**For further information or to make a reservation e-mail  
contact@jungclubnyc.org or call 212-557-1502**

*Katherine Manaana is a High Priestess of the Goddess, a healer, and the founder of Goddess Heal, a mystery school for men and women. She is also the author of paradigm-shattering novels for the conscious collective.*

## BULLETIN BOARD

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### ***The New Directions Committee of the APC, Inc. Presents:*** **A WALKING TOUR OF JUNG'S GREENWICH VILLAGE**

with Jay Sherry, PhD

Saturday, April 12, 2014 from 11:00 a.m.-12:00 Noon

Meeting place: NYU Kimmel Center, 60 Washington Square South

Tour begins at 11:00 a.m. SHARP

contact@jungclubnyc.org / (212) 557-1502



This walking tour will highlight Jung's 1913 trip to New York City and the role that Beatrice Hinkle, America's first Jungian analyst, had in promoting his work then and in the years that followed.

Blackballed by the New York Psychoanalytic Society for aligning herself with Jung, Dr. Hinkle was a member of the feminist Heterodoxy Club and analyzed many of the creative young people gravitating to Greenwich Village.

Jung's contact with Kahlil Gibran and other bohemian intellectuals there would play a role in the imaginative self-explorations that he began after returning home which would eventually become the Red Book.

Those participating will come away from it with a deepened appreciation for this creative moment in Jung's career and its impact on modern American culture.

We will meet in front of NYU's Kimmel Center, 60 Washington Square South. Our tour will begin at 11:00 a.m. sharp!

**Fees: APC Members & Seniors \$25; Non-APC members \$30;  
Students with ID \$15**

**For further information or to make a reservation call  
(212) 557-1502 or email contact@jungclubnyc.org**

**Register online with PayPal: <http://apcny.org/new-directions-2014>**

*Jay Sherry is on the faculty of Long Island University (Brooklyn). He has written for a variety of psychoanalytic publications, primarily about Jung's life and work; his book *Carl Gustav Jung, Avant-garde Conservative* (Palgrave Macmillan) won a 2011 Gradiva Award. He is currently researching the early reception of Jungian psychology in the U.S.*

## BULLETIN BOARD

*Editor's Note: This notice of a program under the auspices of our sister organization, the C.G. Jung Foundation, appears in the APC Bulletin as a courtesy to longtime APC member and Jungian Analyst Royce Froehlich. – KM*

**The C.G. Jung Foundation presents**  
**IMAGINE THE SOUND OF A DREAM**  
**Jungian Thought in Words and Music**

Curated by Royce Froehlich

Saturday, April 5, 2014 10:00 a.m.– 4:00 p.m.  
at the C.G. Jung Foundation, 28 East 39th Street, New York City

Featuring:

Composer/Percussionist Adam Rudolph

Members of the Go: Organic Orchestra

Sound Artist Johannes S. Sistermanns

Jungian Analysts Jane Selinske and Gary Trosclair



C.G. Jung listened attentively to voices that spoke from the unconscious, and employed visual art to express his psychic experiences after periods of deep silence. Curiously, he did not engage the potential in music to enhance his analytic theory. This workshop aims to offer music and sound a more significant place in the world of Jung's psychology.

Jungian themes will be examined in relation to live performances of music by Adam Rudolph based on his recordings *Sonic Mandala*, *Both/And*, and *Dream Garden*. Aural images realized by sound artist Johannes S. Sistermanns will guide interactive listening exercises and sound-creations where the audience becomes a living musical instrument. Workshop participants will also be invited to recount dreams and the Orchestra will create sonic images based on them.



**Workshop Fee:**  
**General Public \$70;**  
**Jung Foundation Members \$55**

**For further information, please**  
**call 212-697-6430 or**  
**fax 212-953-3989.**

**You can also email questions to**  
**[info@cgjungny.org](mailto:info@cgjungny.org)**



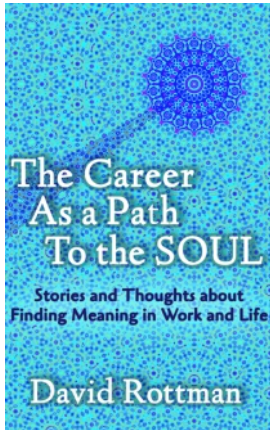
***The New Directions Committee of the APC, Inc. Presents:***  
**THE CAREER AS A PATH TO THE SOUL**

A Talk with David Rottman, MA

Saturday, May 10, 2014 from 10:00 a.m.-1:00 p.m.

At the C.G. Jung Center, 28 East 39th St. NYC

contact@jungclubnyc.org / (212) 557-1502



Despite the influence of Jung's work, it is still a radical notion that each of us has a highly specific personal meaning (sometimes called a personal myth) that needs to be expressed in our work and in all our activities in life. This idea was further developed by Yoram Kaufmann in his pioneering book *The Way of the Image*: each of us has a unique imaginal language that needs to be translated into psychological language, so that we can find our way to the transformative power of our own psyche.

In this talk, I will discuss some of the ways we can reap the rewards of this personal language of meaning, using examples from my book. *The Career as a Path to the Soul*.

**Fees for the workshop:**

**APC Members/Seniors \$25 Non-APC members \$35,  
Students with ID \$15**

**For further information or to make a reservation call  
(212) 557-1502 or email contact@jungclubnyc.org**

*David Rottman, MA, is the President and Chairman of the Board of the C.G. Jung Foundation of New York.*

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## EMPOWERMENT PSYCHOLOGY: A PARADIGM FOR USE IN RAISING CHILDREN AND YOUTH, A TOOL TO USE TO RECLAIM THE INNER CHILD

*Report by Fred Gurzeler, APC Recording Secretary*



On March 8, before a good turnout, Joseph Moore, PhD, gave a compelling presentation about the need for reconnecting with our inner children. Too often the voices of these inner children have been silenced by the authoritarian nature of western culture, or more specifically white European beliefs, which emphasize compliance with intellectual concepts of maturity. In contrast, Native American culture believes in the spiritual embrace of life-giving energy and living healthfully according to the needs of the heart instead of the head.

C.G. Jung recognized the significance of these Native American beliefs when he visited Chief Mountain Lake. Connecting with our true selves is essential if we are to become better equipped to fulfill our potential as human beings. Native American family values radiate from spirituality, the cornerstones of which are Belonging, Mastery, Independence, and Generosity. These are considered the essential building blocks for healthy child development. The “Circle of Courage” represents these four psychological needs as developed by psychologists, one of whom was a Lakota Sioux.

“Looking at the basic needs of children is essential to opening up that uncarved block,” Dr. Moore said. If a child's needs are not met and are stifled by control, the child will find a way to have those needs met. Control, as differentiated from discipline, leads to a self-fulfilling prophecy of frustration and failure. Parental disregard for a child's needs causes a split off from the Inner Self.

Native Americans view the drive for power and superiority as unreasonable and believe it will lead to disruptive behavior. Every high school clamps down on “bad” behavior, yet if opportunities for genuine growth open up children are less likely to act out their rebellion against white society's need to control and manipulate a child's pathway to what is considered mature adulthood. To put this in a different perspective, when a child is not validated, he or she cannot feel independent, generous or responsible, and mastery is elusive.

The Lakota Sioux believe that one must give away a prize possession in order to ascend to manhood. In similar fashion, the more strongly one belongs, the more one is independent. When one doesn't belong, one must reinforce the myth of belonging all the time.

## REPORT

# TO EVERYTHING THERE IS A SEASON: STEPPING BACK AND ALLOWING OUR KIDS TO GROW UP

*Report by Katherine Mylenki, APC Bulletin Editor*



We were an intimate group at Andrea Spiritos' March 18 workshop on the challenges of allowing kids to grow up and be themselves rather than forcing them into an image of the adults we think they “should” be, which the parents wouldn't have wanted from their own parents. So it goes, and it really should stop.

Andrea is fond of quoting Jung's statement that parents expect their children to live the parents' unlived lives for them. We all know how that works out, yet people still get caught in that unwitting rut. I avoided it by not having children but there are still my inner children and my creative projects, my metaphorical children, needing to be nurtured and allowed to grow and become whoever and whatever they need to be.

Parents' troubles with their kids start when the kids are adolescents. We're handed a dynamic of the powerful, strong parent over the weak child but that's not really how it works. Kids teach adults much more than the other way around, Andrea observed. At first the parent is charged with keeping the child safe, but as the child matures the relationship becomes a partnership; the parents have to step out of the way for that life and that relationship to flower.

Andrea defined stepping back as taking a moment to reflect, to think and make room for this other person the child must become. As adults we are people at a different place along the journey. We need to talk straight, not talk down, to children; not feeling obligated to be the one who knows. How liberating not to have to be that, to be able to step back and say, “*I don't know.*”

Teens need to become human beings, thinking things, not doing things. For them to be that, grown-ups have to step out of the way, understanding that they will make mistakes, we all do, it's a necessary part of the process. We must listen, be patient, and respect these children. Be honest, maintain your sense of humor, treat your kids with respect. Thus you foster your relationship with them, and theirs with others as they continue on their paths.



**Analytical Psychology Club of New York, Inc.**

**28 East 39 St**

**New York NY 10016**