

BULLETIN

Volume 73
Number 8
December/ 2012/
January 2013

December Program

Tuesday, December 18, 2012, 6:30 to 9:30 p.m.



THE 2012 HOLIDAY PARTY

See page 6 for more information



January Program

Tuesday, January 29, 2013, 7:00pm to 9:00pm

TOOLBOX FOR SELF-DISCOVERY

A Discussion With Nadine Kreisberger

See page 7 for more information

New Directions Program

Saturday, January 12, 2013, 10am to 4pm

DREAMING WITH CLAY

A Workshop with Michelle Rhodes

See page 8 for more information

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APC Tel#:(212) 557-1502

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PROGRAM CALENDAR - Winter 2012/2013

Tuesday, December 18, 2012 from 6:30 – 9:30 p.m.

HOLIDAY PARTY

Buffet Dinner, Music, Seasonal Reading

See page 6 for more information



Tuesday, January 29, 2013 from 7:00 – 9:00 p.m.

TOOLBOX FOR SELF-DISCOVERY

A Discussion With Nadine Kreisberger, Jungian-trained Analyst

See page 7 for more information

Tuesday, February 12, 2013 from 7:00 - 9:00 p.m.

ART THERAPY AS AN INTERVENTION WITH AUTISTIC CHILDREN

Presented by Marcia Aviron, Art Therapist

Tuesday, March 13, 2013 from 7:00 – 9:00 p.m.

THE HEALING IMAGINATION THROUGH THE EYES OF THE CHILD

Presented by Mark Simmons, LCSW-R and Jungian-oriented therapist.

All events start at 7:30 p.m. unless stated otherwise.

Program Fees: APC members \$10; non-members \$20; students with valid ID \$9
General Inquiries: 212 557 1502; Program Inquiries: email apcworkshops@aol.com
Eleanor Bertine Auditorium, C. G. Jung Center, 28 E. 39th Street, NYC.



Exploring Dreams

with Francoise Richards, Jungian Analyst.

Call her at 212-586-7510

Centerpoint Group Discussions

For more information,
call Mollie Morse at 212-496-6938.

The Bulletin is a publication of the Analytical Psychology Club of New York, Inc., 28 East 39th Street, New York, NY 10016. It is published eight times a year from September through May. Send changes of address, etc. to APC Corresponding Secretary, C. G. Jung Center, 28 East 39th Street, New York, NY 10016.

Email submissions for the Bulletin to editor Katherine Mylenki at kmylenki@gmail.com. Copy deadline is the 15th of each month for inclusion in the following issue.

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NEW DIRECTIONS PROGRAM CALENDAR

New Directions Programs meet at the Center unless noted.
Program Fees: \$45 for APC members, \$50 for non-members,
\$9 for students with valid ID
General Inquiries: 212 557 1502
Program Inquiries, email: apcnewdirections@aol.com

Saturday, January 12, 2013, 10:00 a.m. – 4:00 p.m.

DREAMING WITH CLAY

A Workshop with Michelle Rhodes LCSW-R, ATR-BC, NCPsyA
See page 6 for more information

Saturday, February 9, 2013, 10:00 a.m. – 4:00 p.m.

THE FEMININE ANIMUS

A Workshop with Sarah Jackson

Saturday, March 9, 2013, 10:00 a.m. – 4:00 p.m.

DANCE OF THE DARVISHES: SUFISM AND CREATIVITY

A Workshop with Janice Hassan

Saturday, April 6, 2013, 10:00 a.m. – 4:00 p.m.

POETRY FOR FUN AND INSIGHT

A Workshop with Katherine Mylenki, Poet and Actor

Saturday, May 11, 2013, 10:00 a.m. – 4:00 p.m.

DEPTH WRITING WORKSHOP: MEMOIR

Led by Fanny Brewster, Ph.D.



The Book Discussion Group

Meets every Tuesday from 5:30 pm to 7 pm in the Members Room
For more information call Bob McCullough at 212-532-8379



PRESIDENT'S REFLECTIONS

by Jane Bloomer, LCSW, Licensed Psychoanalyst

As we reported in our last issue, Jeanne Sutton died on October 19. Jeanne served the APC in many capacities over the years, including Board President and KML Board Trustee. As Chairperson of the New Directions Committee, Jeanne arranged a great variety of Saturday workshops on many subjects. She was a steady, strong presence for the Club and her spirit will be felt in the Jung building for a long time.

Her first vocation was in the Episcopal Church. At her Memorial service at St. John's Church in Greenwich Village on November 14, the pastor observed that if she had she been born in a later era she would have served in the clergy. Instead she became a professional social worker. Jeanne wished to have donations made to ASPA or an animal charity in lieu of flowers. We will have a tribute to Jeanne at our Holiday Party on December 18.

The paintings of Delle Morris, bequeathed to the Club, were exhibited in the Bertine Auditorium on November 13, at the launch of the KML's annual book sale. As we lack the space to exhibit them permanently, they are being offered as silent auction items during the KML sale, to benefit the APC and the KML. Steve Moskovitz, Club Board member and KML Trustee, who is professionally active in the arts community, hung the exhibit and appraised the paintings. If interested in viewing the paintings, please contact us at apcny@aol.com or Lorna Peachin, KML Chief Librarian, at info@junglibrary.org.

Filmmaker and Jungian Analyst Laurie Layton Schapira's *Prophecy of the Seeress* is a rich, lush film. The scenery of the Icelandic mountains, fjords and seashore sets the stage for the unfolding drama. The musical selections create a hauntingly evocative mood. She uses actors popular in Iceland today. Laurie has taught Nordic Mythology for many years and believes it is more historically relevant than the other mythologies.

This film draws from her appreciation of Nordic Mythology. In this dramatization dating back to the ninth century CE, the seeress has visions and insights into predatory masculine energy. This is juxtaposed with a parallel enactment of a modern-day seeress who predicts the downfall of a man obsessed with money and power at the expense of his inner self. He runs amok because he is exploitative. This seems to be a story about Anima possession. I enjoyed the film and came away with a feeling that we need to sharpen our sense of prophetic clairvoyance.

Recently I discovered Barbara Hannah's book *The Animus: The Spirit of Inner Truth in Women*. Carl Jung encouraged Hannah to pursue analysis of the

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phenomenon of Animus possession. In *The Animus* Hannah discusses a few cases of women whose fantasy stories or “plots” are unconsciously compartmentalized. Such “plots” are powerfully ego driven to serve egotistical goals. In *Precious Bane*, a book written by Mary Webb, the protagonist is sidetracked from becoming authentically whole.

The above examples illustrate the process by which avoiding experiencing the endurance of life's inevitable suffering may cause one to become Anima or Animus possessed. This may interfere with the individual's ability to connect with their true inner self.

EDITORIAL NOTES

by Katherine Mylenki, Bulletin Editor

Well, it's certainly been an interesting month. Unprecedented storms causing many to give thanks for such basics as heat and light or even that the place they live in is still standing. After a week's hiatus due to no electricity at the Jung Building goes on though things got canceled or postponed.

Mark Simmons' workshop got postponed and is now scheduled for March, exact date still to come. The New Directions digital photography workshop got in under the wire, on October 27, and was really good. We don't have space for a report in this issue, for that or Andrea Spiritos' adolescence workshop, but will print something next time.

In December our only gathering is the annual Holiday Party, on Tuesday the 18th. The Recklessly Romantic Violinist, James Gresceck, will make a return appearance and I'll be reading a seasonal selection related to our theme of the Inner Child. We'll also have a tribute to Jeanne Sutton, who worked so long and hard in so many capacities for the Club over the years. Jeanne bequeathed her copy of the Red Book to the Club and we'll be raffling it off with proceeds to go to the storm victims. All are urged to make donations to recognized charities in addition to bidding on the book.

The New Year will bring programs by new presenters: an evening APC discussion, "Toolbox for Self-Discovery" on January 15 with Nadine Kreisberger and a hands-on clay sculpting workshop, "Dreaming with Clay" from New Directions on January 12 with Michelle Rhodes. You don't need to bring your own clay but you do need to pay a very reasonable materials fee of \$5.00 per person. Michelle urges people to wear comfortable clothes they don't mind getting dirty. More details on all above programs are included in this issue.

Hope to see you at the party. Be sure to take note of our new reservations policy: reservations by phone only to Francoise Richards no later than December 11. Holiday cheer and a Happy New Year to all, and be sure to follow instructions.

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The Analytical Psychology Club of New York, Inc. presents:

THE 2012 HOLIDAY PARTY,

Tuesday, December 18, 2012, 6:30 to 9:30 p.m.

at the C.G. Jung Center, 28 East 39th St., NYC

Buffet Dinner, Music, Seasonal Reading



SEATING IS LIMITED. TO SECURE YOUR RESERVATION YOU MUST CALL FRANCOISE RICHARDS AT 212-586-7510 NO LATER THAN DECEMBER 11, 2012.

Please join us for our annual Holiday Party to share holiday cheer and another tasteful buffet hosted by our APC Vice President, Francoise Richards.

The Recklessly Romantic Violinist, James Gresceck, will make a return appearance and Katherine Mylenki, our resident actress, will read a seasonal selection related to our theme of the Inner Child.

We will present a tribute to Jeanne Sutton, our beloved long-time, very active member who passed away in October. Jeanne bequeathed her copy of Jung's Red Book to the Club. We will raffle it

off at the party and donate the proceeds to those recovering from the storms and resulting floods.

We are asking members to make donations to help the storm victims, many of whom will need assistance for a long time to come. The best thing is to donate to an established charity online and they can use the funds where they are needed most. You may also bring a check made out to APC of NY, Inc., designated for disaster relief, and we will add it to the proceeds of the raffle.

We are changing the reservations procedure this year since as you know seating is limited in the Bertine Auditorium when it is decked out for the holidays. More important, Francoise needs a full week's time to select the menu and make arrangements for its delivery. You must call Francoise at the number listed in order to make your reservation.

Fees: APC Members \$10; Non-Members \$20;
College Students with ID \$9

FOR RESERVATIONS YOU MUST CALL FRANCOISE RICHARDS AT 212-586-7510

BULLETIN BOARD

The Analytical Psychology Club of New York, Inc. Presents :

TOOLBOX FOR SELF-DISCOVERY

A Discussion With Nadine Kreisberger, Jungian-trained Analyst

Tuesday, January 29, 2013, 7:00pm - 9:00pm

At the C.G. Jung Center, 28 East 39th St., NYC

apcofny@aol.com / 212-557-1502



Jung famously remarked that no matter what our cultural differences might be, as we scratch bellow that thin surface we find the same blueprint and original structures in all beings. We belong, after all, to the same species. I have had a chance to experience this firsthand, living and working in many countries and cultures – in Paris, New York, the Big Island of Hawaii, Mongolia, India and beyond.

Over time, inspired by Jung's work as well as a variety of traditional and contemporary teachings, I have developed practical tools for self-understanding that resonate with people, no matter what country, culture, ethnicity or tradition they belong to. This “toolbox” of simple images helps us to understand who we are, how we function, who drives what and when, and therefore how to handle our various realities and needs.

Here are a few:

Why we are like icebergs and what this can teach us about our center of gravity, our above- and underwater aspects, and the ocean we live in;

The seven characters that define, drive and determine who we are, and how we may work with each of them for our ultimate benefit;

“Neurosis is the suffering of a soul which has not discovered its meaning,” Jung said. How are we to touch, discover and manifest that meaning? Two (or three) pillars seem to universally give meaning to people's lives. Let us explore them.

By sharing these and other images and drawing from participants' experiences, this evening is designed to contribute to our quest for self-discovery, self-understanding and self-realization.

Fees for the Workshop:

APC Members \$10, Non-Members \$20, Students with ID \$9

For further information or to make a reservation

e-mail psychefrancoise@aol.com

Nadine Kreisberger, Jungian-trained therapist, combines Jungian theory in her practice with teachings from many different traditions and ancient schools of wisdom, conducting workshops and media work around the world.

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The New Directions Committee of the APC, Inc. Presents:

DREAMING WITH CLAY

A Workshop with Michelle Rhodes, LCSW-R, ATR-BC, NCPsyA

Saturday, January 12, 2013 10 a.m.- 4:00 p.m.

At the C.G. Jung Center, 28 East 39th St. NYC

apcofny@aol.com / 212-557-1502

Clay, the unruly, the chthonic, the silent, invites the dream to make itself known. In this mostly experiential workshop we will delve into the clay to discover what it holds in its dark inside. We will work ourselves as we work the clay, leaving behind preconceptions about what it/we might become, while allowing it/ourselves to become what they must, even if that should reveal itself to be nothing. Form and action/intention will follow the clay wherever it leads, allowing the unconscious to have its own serious play time.



Ms. Rhodes will be our guide in a process she developed over a thirty year period, providing technical and creative support if and when it is needed so that each participant will be freed to enter the imaginal world and bring forth what is found there. She will also speak about using this approach and other expressive modalities within a psychoanalytic framework, and will present some case material.

Wear comfortable clothing that you won't mind getting dirty. Bring a journal or sketchbook of any size. Be prepared to write, draw, sing, move expressively, or remain silent and still. There will be time for sharing and interacting, for improvisation and meditation.

NB: Clay and art materials will be provided; there will be an additional materials fee of \$5.

Fees for the workshop: \$45 for APC members, \$50 for non-members, college students with ID \$9

**For further information or to make a reservation
call 212-557-1502 or email apcnewdirections@aol.com**

Michelle Rhodes has been a clay artist all her life and has been facilitating the creative processes of others since the age of 14. She is a psychoanalyst and a board certified art therapist trained in intermodal expressive therapy. She maintains a private practice in New York City and in Gardiner, New York.



KML NEWS



The Kristine Mann Library is extending its Fund Drive, Book Sale and Silent Auction of Delle Morris' beautiful paintings, which were bequeathed to the APC. The paintings will continue to be exhibited, either in the auditorium or in the Library.

In addition, the Library is raffling off five fabulous gift baskets, each worth approximately \$50 and perfect for a holiday gift. Tickets are \$5 for one chance, or six chances for \$25. Winners of the gift baskets and the silent auction will be announced Monday, December 17th. The Building closes on Thursday, December 20th for the Holidays.

Please stop by, the paintings are wonderful and the gift baskets look very tempting indeed. And you never know what treasures await among the books for sale!



THE STORM

by Edith Tavon, APC Member

A storm in Riverdale—hardly! An elegant neighborhood full of grass and trees. But lo and behold, it came anyway—in wild fury. The trees in autumn colors were bending left and right in the iron hand of the storm. Our beautiful trees, the pride of the community, were put to the test. If old and venerable, they crashed.

Our neighbors in their beautiful private homes lost their electricity and were in the dark. The glass windows rattled in a frightening way. We held our breath and prayed.

How could this happen? Storms take place elsewhere! We read about them in the paper. The electric wires gave out and our usual way of living departed. The autumn leaves, yellow and red, covered what was left of the grass. Citywide devastation beyond understanding.

The Phantoms Hunger and Cold walked in our affluent and well-upholstered city, and deep in the night we went to sleep in a cold room, wondering how and why this happened. Is there a meaning we are to elicit? Is our modern, materialistic business life under criticism? Is there something we have to learn, and if we refuse to learn it will there be more of the same?

IN MEMORIAM

REMEMBERING JEANNE SUTTON

As APC President Jane Bloomer advised members by email, Jeanne Sutton, a member of the APC for many years who had been President and New Directions Chairperson among other positions with the Club, died on Friday, October 19th of complications of Alzheimer's Disease. Jane asked Jean Hess Green to write a remembrance for the Bulletin, and in her notice to members invited others to offer their thoughts and feelings on her passing.

Jeanne was always very kind to me. She was the first person at APC to ask me to present a program, and she was very supportive and appreciative of my work as Bulletin Editor. She will be sorely missed by all who knew her and especially those of us who had the pleasure of working with her. – Katherine Mylenki, Bulletin Editor

Jean Hess Green, PhD & Past President, APC

All who knew and worked with Jeanne Sutton will join me in recalling her presence among us and mourning her recent passing from among us.

In considering what tribute I might make at this moment, I am led most movingly to personal memories from the ten or so years, from about 1990 into the new century, during which I was associated with the business, social and administrative aspects of the APC when she and I served as officers of the Executive Committee, and during which time I came to appreciate my friendship with her.

Although Jeanne had become an APC member more than a decade before me—I joined in 1979—I do not think she was particularly active before 1990, the year when I was appointed, then elected, to the office of Recording Secretary. I am afraid I do not know a lot about Jeanne's life before then.

I believe she was born in Ohio, where in early adulthood she graduated college and became active with the youth activities of the Episcopal Church. She attended a national summer camp gathering in Minnesota where she made the acquaintance of the Rev. Eugene Monick, then a parish priest in his home state. He later trained as an analyst in Zurich and came to NYC to practice about 1979. By that time Jeanne had moved to the City, earned an MSW from Columbia and began her career as a counselor for a social service agency in the Bronx, from which she retired. I do not know with whom she analyzed, nor how she came to join the APC. She was an ardent Episcopalian, member and vestry person of her parish.

I think she joined the Executive Committee as a General Member when Helga Croner was president. Helga's term was closing just at the time when the crisis about fiscal solvency arose within the Foundation, and their plan to sell the building as a way to resolve the problem. After Richard Greene, then president of the Institute, issued a letter acknowledging that we were all affected by these unilateral plans and urging a united effort



Jeanne learning Belly Dancing in 2006

IN MEMORIAM, continued

to save the building as a Jung Center, I agreed to run for APC president. What occurred over the next four years, during my presidency and after, is history, but my point is that Jeanne was alongside me all the way. We shared a point of view about the role to be played by and for the APC.

The APC Library/Institute Agreement, envisioned and put into place as the KML Trustees by myself and Dr. Harry Fogarty (then Institute president) in 1995, was supported heartily by the Executive Committee; Jeanne was a member at the time. She succeeded me as president for two terms. It was her initiative that founded the New Directions Committee, broadening the traditional program pattern offered by the Club to its members and the general public. This has been eminently successful especially through the day-long Saturday programs which encourage experiential depth by participants into Jungian realities.

When I left the City in 2000, Jeanne succeeded me as a representative of the APC on the KML Board of Trustees. She continued to be involved with that body for several years and was a member of the Search Committee that hired the present Chief Librarian, Lorna Peachin, upon Michele McKee's retirement. Jeanne continued as a sort of informal advisor to the Executive Committee and was made an honorary member.

It was inevitable that such close collaboration, shared interest and experience should also further a rather close friendship. And it is as that friend that I furnish this history of our decade and more together. Oh, I think I cannot let my memories end without mentioning that I've been told on good authority that Jeanne was a jolly poker player in her early years, always game, always fun to have present.

Suse Wenzel

I remember Jeanne as someone who participated in every aspect of the APC including a walking tour on a hot summer's day to the Tibetan Museum on Staten Island. I also met Jeanne frequently at the Jung Foundation's Tuesday workshops and social gatherings.

Her passing will be a great loss to those who knew her and to the APC.

Frank Braio

So sorry. Jeanne was a great woman with a huge heart.

Royce Froehlich

My long-standing membership in the APC was sparked by a brief encounter with Jeanne at a meeting in the Jung Center some twenty-plus years ago, well before I began and completed training to become a Jungian analyst. Jeanne was always a great supporter of my path through Jung's world. As the initiator of the APC's New Directions Committee, she saw an opportunity to further encourage us to develop our Jungian-oriented thinking and work, and afforded me and also my wife, Rikki Asher, numerous opportunities to deliver presentations and teach on Jungian themes to interested audiences—for which we will always be grateful. Those who knew her, including the beloved cats to whom she gave tireless care, will miss Jeanne's warmth, gentle ways of leadership, and communal sensibility.

Analytical Psychology Club of New York, Inc.
28 East 39 St
New York NY 10016