

BULLETIN

Volume 74
Number 5
September 2012

New Directions Program

Saturday, September 22, 2012, 10:00 a.m. to 4:00 p.m.

**UNLOCK YOUR CREATIVITY BY WRITING YOUR OWN
FAIRY TALE**

A Workshop led by Georgia Diakos, RN, PMHCNS-BC, APN, C

See page 6 for more information

October Program

Tuesday, October 9, 2012, 7:00pm - 9:00pm

RECLAIMING YOUR INNER CHILD

A Discussion led by Francoise Richards

See page 7 for more information

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APC Tel#:(212) 557-1502

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PROGRAM CALENDAR - Fall 2012

Tuesday, October 9 from 7:00 – 9:00 p.m.

RECLAIMING YOUR INNER CHILD

Presented by Francoise Richards, Jungian Analyst.

See page 7 for more information



Tuesday, October 30 from 7:00 – 9:00 p.m.

THE HEALING IMAGINATION THROUGH THE EYES OF THE CHILD

Presented by Mark Simmons, LCSW-R and Jungian-oriented therapist.

Tuesday, November 13 from 7:00 – 9:00 p.m.

GROWING PEOPLE: AN INTIMATE WORKSHOP ON ADOLESCENCE

Presented by Andrea B. Spiritos, LCSW and Jungian-oriented therapist.

Tuesday, December 18 from 6:30 – 9:30 p.m.

HOLIDAY PARTY

Hosted by Francoise Richards, featuring holiday selections played by Pianist Refika Elibay and a presentation by Actress Katherine Mylenki.

All events start at 7:30 p.m. unless stated otherwise.

Program Fees: APC members \$10; non-members \$20; students with valid ID \$9
General Inquiries: 212 557 1502; Program Inquiries: email apcworkshops@aol.com
Eleanor Bertine Auditorium, C. G. Jung Center, 28 E. 39th Street, NYC.



Exploring Dreams

with Francoise Richards, Jungian Analyst.

Call her at 212-586-7510

The Bulletin is a publication of the Analytical Psychology Club of New York, Inc., 28 East 39th Street, New York, NY 10016. It is published eight times a year from September through May. Send changes of address, etc. to APC Corresponding Secretary, C. G. Jung Center, 28 East 39th Street, New York, NY 10016.

Email submissions for the Bulletin to editor Katherine Mylenki at apceditor@aol.com. Copy deadline is the 15th of each month for inclusion in the following issue.

BULLETIN BOARD

NEW DIRECTIONS PROGRAM CALENDAR

New Directions Programs meet at the Center unless noted.
Program Fees: \$45 for APC members, \$50 for non-members,
\$9 for students with valid ID
General Inquiries: 212 557 1502
Program Inquiries, email: apcnewdirections@aol.com

Saturday, September 22, 2012, 10:00 a.m. – 4:00 p.m.

UNLOCK YOUR CREATIVITY BY WRITING YOUR OWN FAIRY TALE

Led by Georgia Diakos, RN, PMHCNS-BC, APN, C

See page 6 for more information

Saturday, October 27, 2012, 10:00 a.m. – 4:00 p.m.

PHOTOGRAPHY (DIGITAL) WORKSHOP

Led by Bill Allured

Saturday, November 17, 2012, 10:00 a.m. – 4:00 p.m.

THE AUTHENTIC WRITING WORKSHOP

Led by Fred Poole and Marta Szabo

Saturday, January 12, 2013, 10:00 a.m. – 4:00 p.m.

DREAMING WITH CLAY

A Workshop with Michelle Rhodes LCSW-R, ATR-BC, NCPsyA

Saturday, February 9, 2013, 10:00 a.m. – 4:00 p.m.

THE FEMININE ANIMUS

A Workshop with Sarah Jackson

Saturday, March (DATE TBA), 2013, 10:00 a.m. – 4:00 p.m.

DANCE OF THE DARVISHES: SUFISM AND CREATIVITY

A Workshop with Janice Hassan

Saturday, April (DATE TBA), 2013, 10:00 a.m. – 4:00 p.m.

POETRY FOR FUN AND INSIGHT

A Workshop with Katherine Mylenki, Poet and Actor

Saturday, May (DATE TBA), 2013, 10:00 a.m. – 4:00 p.m.

FANNY BREWSTER WRITING WORKSHOP

PRESIDENT'S REFLECTIONS

by Jane Bloomer, LCSW, Licensed Psychoanalyst

Summertime is often the season for vacations and reflection away from the usual work world. In contrast, the APC Board members have been devoting extra time and effort to building the APC website. The project was initially launched by Dr. Fanny Brewster. This summer the Web project has been guided by the leadership of Beatriz Mejia. Board members have gathered together articles from prior Bulletins to include on the Web site. Selected articles written by club members about programs will be included, plus selections of poetry and essays. Featured will be favorite Jungian quotes, pictures and information on upcoming programs prepared by our two program chairpersons, Francoise Richards, Vice-President, and Fanny Brewster, New Directions. Once we are on the Web, our private club newsletter will be featured on our worldwide website. We will promote our Kristine Mann Library as well. Anyone who "opens up" our APC website will be invited into our Jungian world, containing a framework to build consciousness, creativity, community and individuation.

The Arts and Psyche in the City Conference was held in July, sponsored by the ARAS, the Jungian Psychoanalytic Association and The International Association for Analytical Psychology and co-sponsored by New York University Steinhardt School of Culture, Education and Human Development. Almost 200 registrants and came from around the country and from abroad. The APC hosted an open house in our treasured KML and Francoise, Fanny, Fred Gurzeler and I were on hand to meet conference visitors. Artist Ivan Rowe was also in attendance to extemporaneously comment on C. G. Jung's Red Book mandalas. Afterwards we attended the ARAS Reception which preceded the evening lectures at NYU.

The Art and Psyche lectures and workshops were fascinating in that they were presented using art, film, dance, music and poetry. Topics ranged broadly from Walt Whitman to a Chopin Polonaise, water fountains in the city, the Blues and improvisational music and much more. A poignant talk memorializing James Hillman in words and art was one of the closing programs. The conference was well organized and moved along at a comfortable pace.

One questions how such creativity swirls around the APC when there are major socio-economic concerns reflected in the larger world. This larger context features the hottest July on record, a Presidential campaign in the midst of great wealth and serious unemployment and the huge controversy about hydrofracking challenging our New York area drinking water. Paradoxically, all of this takes place as we witness mankind's capacity to stretch the boundaries of athletic accomplishment at the London Summer Olympics. Are we adequately stretching our conscious emotional intelligence in facing the problems of our current era?

EDITORIAL NOTES

by Katherine Mylenki, Bulletin Editor

A new APC season begins, with a lot of changes that we hope will bring more energy, excitement and attendance to our programs, greater participation from our members, and increased membership.

We expect to have our long-awaited website up and running soon. Our Board members, especially Fanny Brewster, Beatriz Mejia and Jane Bloomer, have given a great deal of time to bringing this project to fruition.

We have decided to have distinct themes through the entire season for both APC evening lectures and Saturday New Directions workshops. The theme for the evening lectures is our often-neglected Inner Child, who can help us become more aware of ourselves and our world. Francoise Richards, APC Vice President and Program Chair, will open the season with a discussion, "Reclaiming Our Inner Child," on Tuesday, October 9.

The fall calendar is listed in the front of the issue. The spring calendar is still being developed; if anyone has suggestions for a program developing our theme that they would like to present or see presented, please contact Francoise Richards at apcworkshops@aol.com.

The theme of the New Directions workshops is Creativity. Some workshops focus on writing, and there are some new topics as well: photography, working with clay, and sufism. The first New Directions program, on Writing Your Own Fairy Tale, with Georgia Diakos, is on September 22; information for it is in this issue. We'll be providing more information on the other workshops as soon as it becomes available.

For the past few years we have been urging people to make advance reservations for programs. This year we are making it a requirement. We really must know in advance how many people we can expect at programs so we can plan properly for set-up and refreshments. You may make reservations by leaving a message 212-557-1502 for all programs or email apcworkshops@aol.com for APC lectures and apcnewdirections@aol.com for New Directions. For our part, we will be sure to pick up all messages timely and deal with them appropriately.



The Book Discussion Group

Meets every Tuesday from 5:30 pm to 7 pm in the Members Room

For more information call Bob McCullough at 212-531-8379



Centerpoint Group Discussions

For more information,
call Mollie Morse at 212-496-6938.

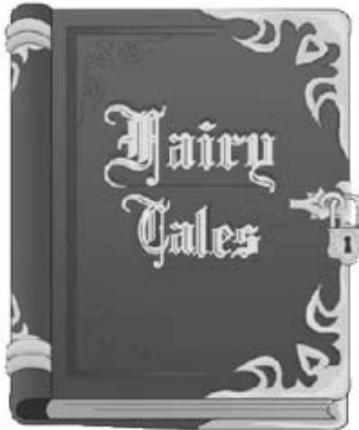
BULLETIN BOARD

The New Directions Committee of the APC, Inc. Presents:
**UNLOCK YOUR CREATIVITY BY WRITING YOUR OWN
FAIRY TALE**

A Workshop led by Georgia Diakos, RN, PMHCNS-BC, APN, C
Saturday, September 22, 2012 (10:00 a.m. – 4:00 p.m.)
At the C.G. Jung Center, 28 East 39th St. NYC
apcofny@aol.com / 212-557-1502

The belief that fairy tales are meant for children has not always been true. In ancient times orators often told their tales to adult audiences. Thus, a fairy tale can be an entertaining bedtime story for children or an interesting literary study for adults.

Fairy tales have universal appeal. They are found in almost every culture and region of the world. Although the tones and plots may vary, they include similar universal themes which mirror our personal stories. Jung traced these themes to the psychic processes of the collective unconscious.



Join me in this experiential course by bringing your favorite fairy tale or any fairy tale you may be interested in. We will creatively engage with them, paving the way for writing your own personal fairy tales by the end of the workshop.

Materials Fee: \$5

**Fees for the workshop: \$45 for APC members, \$50 for non-members,
college students with ID \$9**

**For further information or to make a reservation
call 212-557-1502 or email apcnewdirections@aol.com**

Georgia Diakos, RN, PMHCNS-BC, APN, C is a certified Jungian Analyst, a Board Certified Clinical Nurse Specialist in Psychiatry and Mental Health (PMHCNS-BC), Certified Advanced Practice Nurse (APN, C). She practices psychotherapy in East Rutherford, NJ and New York City.

BULLETIN BOARD

The Analytical Psychology Club of New York, Inc. Presents :

RECLAIMING YOUR INNER CHILD

A Discussion Led by Francoise Richards

Tuesday, October 9, 2012, 7:00 p.m. - 9:00 p.m.

At the C.G. Jung Center, 28 East 39th St., NYC

apcofny@aol.com / 212-557-1502



Together we will explore our hidden Inner Child. This Child within expresses him or herself through anger, fear, sadness and despair. Therefore, becoming aware of these inner states brings us closer to our Inner Child, who is our True Self.

We need to learn to communicate with our Child, to become close to her or him. How do we reach this little girl or boy? If we learn to communicate with our Child, our True Self, we can open ourselves to life in a more conscious way, and grow in awareness of ourselves and our world.

**Fees for the workshop: APC Members \$10, Non-Members \$20,
College Students with ID, \$9**

**For further information or to make a reservation call 212-557-1502
or email apcworkshops@aol.com**

Francoise Richards studied Jungian analysis in Zurich as well as in New York City. She has conducted numerous workshops in Europe and in the United States. Francoise is an accredited couples counselor as well as a couples mediator. She has a private practice in Manhattan and in Connecticut.

**Analytical Psychology Club of New York, Inc.
Annual Business Meeting, May 24, 2012
OFFICERS' REPORTS**

Jane Bloomer, President

We had a full Executive Board functioning the entire year. Each officer performed well: Vice-President and Program Chairman, Francoise Richards; Bob McCullough, Treasurer; Stephen Moscovitz; Assistant Treasurer; Fred Gurzeler, Recording Secretary; Dr. Fanny Brewster, Co-Chair of the New Directions Committee along with Jeanne Sutton; Beatriz Mejia, appointed Corresponding Secretary in January; Sharon Slowik and Mark Simmons continued as General Members; Fanny Brewster started to serve on the Board as General Member in December 2011 and Katherine Mylenki, Bulletin Editor, became a General Member In January. Stephen Moscovitz, Kevin Foley, and Beatriz Bugni continued to serve on the Board of the KML Trustees; Fanny Brewster and Jane Bloomer were appointed this spring when two vacancies opened up.

In addition to the programs developed by the Program and New Directions Committees, considerable effort was devoted to the October 21 and 22, 2011 APC events commemorating Carl Jung 50 years after his passing. Francoise Richards was chairman of the event. The Club commissioned a musical composition titled Quaternity by John Marino, Jungian Analyst, a professional musician and composer. Jungian Analysts Fanny Brewster Royce Froelich made presentations. Fanny read one of her poems, and Royce shared memories. Beatriz Mejia also shared her connections with Jung. Ami Ronnberg spoke about the ARAS publication *The Book of Symbols*, published the previous Spring. The Board experimented with hiring a Public Relations person to publicize events in the larger metropolitan community. The Club commissioned a display case for the leather-bound copy of the Red Book that the APC had purchased. It was formally placed in the KML in October.

Additionally, the five Jungian organizations joined together to co-sponsor "The Founding Mothers Conference" on March 31, 2012. This day-long conference offered presentations about Doctors Beatrice Hinkle, Kristine Mann, Eleanor Bertine, and Esther Harding. Lecturers Jay Sherry, Beth Darlington, Christopher Beach and Polly Armstrong told their stories.

The Center Agreement Review Committee (CARC) has continued to meet regularly to establish parliamentary By-Laws. The judge who wrote the July 12, 2007 Arbitration decision had stated that it "behooved" the five Jungian organizations in the building set up similar By-Laws for the Center Committee to establish institutional memory.

In January Fanny Brewster expressed interest in setting up a web page for the

REPORT: Annual Business Meeting, continued

APC. As Web page Chairman, she has focused much energy on the project and has elicited contributions from Board members.

The Nominations Committee was comprised of Fred Gurzeler, Jule Lanier and Sara Moore, who prepared the slate and ballots and reported on the results.

Francoise Richards, Vice President and Program Chair

The program year started with our Celebration of Carl Jung and his continuing influence 50 years after he left this world. Our Friday evening reception was very well attended and well received including John Marino's music and readings and personal reflections from various attendees.

Sharon Slowik presented a very special essential oil mixture to facilitate creativity and healing, and Andrea Spiritos worked with us on the subject of our children's adolescence as well as our own.

The Holiday Party featured, along with our traditional buffet, seasonal music played by pianist Refika Elibay and a reading from Dylan Thomas's famed childhood remembrance *A Child's Christmas in Wales* by our resident actress, Katherine Mylenki.

In the New Year Mark Simmons spoke on The Magic of Metaphor, and Rose Gatto, Art Therapist, on the Enneagram, a psychological tool which differentiates personality types, including Jung's four functions.

In April Dr. Iris Drey offered a lecture on osteoporosis, called the silent disease, which she in her orthopaedic practice sees all too often among her patients.

As the APC continues, I suggest that when a president leaves that position, he or she should stay on the Board for an additional year, allowing continuity and a smooth transition. This would help us avoid having to address the same things over again.

Robert McCullough, Treasurer

A key issue for us to face now is that in 2011 we spent well in excess of our income. We focused on outreach and new membership and were willing to let the expenditures increase substantially to effect these goals.

Our 2011 expenditures exceeded income by \$23,000 (Income was \$10,000 and outflow \$33,000). We did a number of important things in 2011, like the October events with the commissioning of an original piece of music and payments to the performing artists and the purchase of an appropriate display case for our Red Book.

Compounding the problem in 2011 was a loss of 5.2% on our TRAK investment program during the year, due mainly to participation in foreign equity markets. This together with the cash shortfall reduced overall Club assets by \$31,000,

REPORT: Annual Business Meeting, continued

from \$179,000 to \$148,000.

The markets have been better so far in 2012. As of April 30, 2012 our total assets were \$155,000. TRAK was up 10.4% as from end 2011 versus 9.6% for the MSCI World Index. Foreign markets bounced back. Our Finance Committee recommended continuation of our market positioning after consultation with our financial adviser.

Our budget for 2012 shows increased revenues and decreased expenditures. One major expenditure (\$3,800) during the year will arise from setting up a website for the Club. A special committee has been appointed to explore ways of increasing revenues. This should involve increased gifts to the club, one idea being donation of appreciated securities, with associated tax benefit.

Fred Gurzeler, Recording Secretary

During my tenure as Recording Secretary, since June 2011, the Board has met twelve times, once in an emergency. The emergency session was prompted by an unprecedented challenge to the constitutional rule forbidding anyone from serving as Club President who has served less than one year on the Board. A waiver to this rule was considered in order to allow Fanny Brewster to become the new president, succeeding Jane Bloomer. It was decided not to make an exception to this rule. As a result, Jane Bloomer offered to fill the vacuum for President, and was elected to a one-year extension to her term.

Two new members joined the Board, Fanny Brewster and Beatriz Mejia, both of whom have brought new energy and purpose to the Board. A Club website was proposed and is the stage of implementation. Katherine Mylenki, in addition to her role as editor of the Bulletin, ably supported these activities.

As Club Treasurer, Bob McCullough provided reliable and efficient financial information critical to the Club's solvency.

The New Directions Program will continue, with Fanny Brewster replacing Jeanne Sutton as chair. It will present an array of Saturday workshops. Vice President Francoise Richards will again create a program of evening lectures; both programs are geared to heightening public interest in the Jungian community.

During my comparatively brief service to the Club, I have witnessed Jane Bloomer's dedicated resolve to help the APC move to a better place where the Club has an opportunity to flourish. She has steadfastly endeavored to do her part in making this transition to improvement a reality.

Stephen Moskovitz, KML Trustee

The KML reported that the Foundation, now known to be the owner of the Harding papers, has approached Bill Shaeber, broker for The Beinecke Archive at Yale, to help

REPORT: Annual Business Meeting, continued

negotiate their sale. He asked that the letters be included. At the final board meeting Jane Bloomer, APC President, who had replaced Bruce Parent on the KML board, reported that with the support of the APC Board it was decided the Harding letters were not to be sold and should be held in Jungian hands. The KML asked the APC to take over paying for the safety deposit box that stores the letters.

Bruce Parent left the KML board due to his busy schedule and his recent marriage. He was outstanding as an APC representative. He clarified issues, especially with the Harding discussions. He has accepted the position of Director of Training at the JPA. We wish him success and encourage his continued interest in the affairs of the APC.

The main focus of the KML was fundraising. Their efforts included book sales, the primary engine of their revenue stream. The KML Endowment stayed around \$2 million. The KML was anxious for the APC to participate in their fundraising and offered a matching fund of \$10,000 if the APC and others would contribute. Their other focus is completion of the digitization of the total library. In addition, ARAS and the KML are considering a collaborative effort linking the online Library Catalog to the ARAS webpage and newsletter.

Lorna Peachin, Chief Librarian, reported attendance was up at the Library from year to year 35 percent. Research also was up, and she felt that through her efforts and that of her assistant, Robin, they have made great progress in reaching their goal of complete digitization within a year.

Fanny Brewster, New Directions Chair

The New Directions Program for the year 2011-12 included a variety of workshops. The Fall season began with a two-part presentation: Royce Froehlich, Jungian Analyst, spoke on Jungian mythology in the morning, and in the afternoon Ami Ronnberg, Executive Director of ARAS, presented her workshop based on ARAS' recent publication, *The Book of Symbols*, as part of the October celebration of Carl Jung's continuing influence.

In December Fanny Brewster led her workshop, "Chaos, Crazy and Creative: Making Sense of Life's Hardships through Dreamwork."

Katherine Mylenki's workshop, "Poetry for Fun and Insight," planned for February, was postponed and has been rescheduled for spring of 2013. In March Fred Poole and his partner Marta presented a workshop on "Authentic Writing." It was well received, and they have agreed to return for the APC 2012-13 season. The final workshop of the year was Fanny Brewster's "Depth Writing," focused on personal writing/memoir.

The theme of the 2012-2013 APC New Directions season is Creativity. Presenters from different professional areas will this theme.

Analytical Psychology Club of New York, Inc.
28 East 39 St
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