

BULLETIN Volume 74
Number 2
March 2012

March Program

Saturday, March 31, 2012, 9:30 a.m. to 4:00 p.m.

**THE FOUNDING MOTHERS: THE FOUR WOMEN
DOCTORS WHO INTRODUCED JUNG'S ANALYTICAL
PSYCHOLOGY TO THE U.S.**

See page 6 for more information

New Directions Program

Saturday, March 17, 2012, 10:00 a.m. - 3:00 p.m.

THE AUTHENTIC WRITING WORKSHOP

A Workshop led by Fred Poole and Marta Szabo

See page 7 for more information

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PROGRAM CALENDAR - Spring 2012

Saturday, March 31, 2012

***THE FOUNDING MOTHERS: THE FOUR WOMEN DOCTORS
WHO INTRODUCED JUNG'S ANALYTICAL PSYCHOLOGY TO
THE U.S.***



See page 6 for more information

Thursday, April 12, 2012, 7:00 p.m. - 8:30 p.m.

UPDATE ON OSTEOPOROSIS

Led by Iris A. Drey, MD, FAAOS

See page 8 for more information

Thursday, May 24, 2012, 6:30 p.m.

ANNUAL BUSINESS MEETING

All events start at 7:30 p.m. unless stated otherwise.

Program Fees: APC members \$10; non-members \$20; college students with ID \$9.

Eleanor Bertine Auditorium, C. G. Jung Center, 28 E. 39th Street, NYC.

General Inquiries: 212-557-1502 Program Inquiries: email psychefrancoise@aol.com

The Bulletin is a publication of the Analytical Psychology Club of New York, Inc., 28 East 39th Street, New York, NY 10016. It is published eight times a year from September through May. Send changes of address, etc. to APC Corresponding Secretary, C. G. Jung Center, 28 East 39th Street, New York, NY 10016.

Email submissions for the Bulletin to editor Katherine Mylenki at kmylenki@gmail.com. Copy deadline is the 15th of each month for inclusion in the following issue.

BULLETIN BOARD

NEW DIRECTIONS PROGRAM CALENDAR

New Directions Programs meet at the Center unless noted.

For more information call 212-557-1502

Fees: \$45 for APC members, \$50 for non-members,
college students with ID \$9, unless otherwise noted

Saturday, March 17, 2012, 10 a.m. – 3:00 p.m.

THE AUTHENTIC WRITING WORKSHOP

Led by Fred Poole and Marta Szabo

See page 7 for more information

Saturday, May 12, 2012, 10:00 a.m. – 3:00 p.m.

A DEPTH WRITING WORKSHOP

Led by Fanny Brewster, PhD, Jungian Analyst



The Book Discussion Group

Meets every Tuesday from 5:30 pm to 7 pm in the Members Room

For more information call Bob McCullough at 212-531-8379



Centerpoint Group Discussions

For more information,
call Mollie Morse at 212-496-6938.



Exploring Dreams

with Francoise Richards, Jungian Analyst.

Call her at 212-586-7510

PRESIDENT'S REFLECTIONS

by Jane Bloomer, LCSW, Licensed Psychoanalyst

These are exciting times at the APC because new dynamic energy is culminating in the upcoming events described below.

FOUNDING MOTHERS: We are pleased to announce that the APC is co-sponsoring, along with ARAS, the C.G. Jung Foundation, the Institute and NYAAP, an event honoring the four women doctors who introduced Jung's analytical psychology to the United States, The Founding Mothers Conference on Saturday March 31st. The title "The Founding Mothers" came out of a meeting between the APC Board and the KML Trustees in June 2010. The topic at that meeting was how much the APC valued the writings of Esther Harding. We held the strong stance that her papers belonged with the Jung community at the Kristine Mann Library. The passionate feelings that were expressed on behalf of "The Founding Mothers" at that time have fueled the energy that is bringing us the March 31st event. Contemporary Jungian Analysts and an author specializing in writing about Jung will be the speakers discussing Esther Harding, Kristine Mann, Eleanor Bertine and Bernice Hinkle. An article on

ARTS AND PSYCHE IN THE CITY: On Thursday afternoon July 19th from 1:00 to 5:00 p.m. the APC will be hosting a venue at the KML for the Second National ARAS Arts and Psyche in the City event, which runs from July 19 to 22nd. When the request for proposals came out, it occurred to me that our Kristine Mann Library would offer an inviting location for one of the workshop sites. Fanny Brewster, Ph.D., Jungian Analyst and Board member, offered to write the proposal that has won us this opportunity.

WEB PAGE: I am delighted to report that Fanny Brewster is spearheading the development of a Web Page for the APC. Fanny brings her high energy to this exciting new prospect and has the Board involved in this project.

NOMINATIONS COMMITTEE: Fred Gurzeler, APC Recording Secretary, whose term ends in May, has agreed to chair this committee. The committee will be proposing a slate of nominees and also accepting nominations submitted by club members. The offices that need to be filled are President, Assistant Treasurer, Recording Secretary, and two General Members. Fred can be reached at bloomzeler@aol.com

ESSAY BY INEZ MARTINEZ: Having read Inez Martinez' two fascinating articles in earlier issues of Quadrant, including one about James Baldwin, I decided to approach her to submit an article to the Bulletin in view of the controversy that ensued around the unveiling of the Dr. Martin Luther King memorial statue on the National Mall in Washington, DC. Dr. Martinez is a Professor Emerita of Literature

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and Vice-President of the Jungian Society of Scholarly Studies. The first part of her essay appears in this issue.

JEAN SHINODA BOLEN, M.D. and JUNGIAN ANALYST: Author of The Millionth Circle, Bolen will be in NYC Thursday March 1st to promote a fifth United Nations-sponsored International Conference on Women and Girls. She will be serving on a panel of a UN Non-Governmental Organizations at the Salvation Army Building, 221 East 52nd Street, NYC, March 1st from 8:30 to 10:00 AM. This meeting is open to the public.

SUZE WENZEL, a long-time and dedicated APC member, had open heart surgery on February 14 and is recuperating nicely. She will be happy to receive calls after March 7.

EDITORIAL NOTES

by Katherine Mylenki, Bulletin Editor

Busy times continue at the APC. The Editorial Board has drawn up guidelines for submissions which will appear on the website when that becomes a reality. We plan to print them in the Bulletin, but at present we don't have the space. Discussions and plans for the website continue.

This issue includes a remembrance of Michele McKee, our long-time KML Chief Librarian who retired in 2008, and sadly died at Christmas time. Jean Green sent this piece for last month's issue, but it had to be delayed for space concerns. I remember Michele very fondly. She was kind, very knowledgeable, and always willing to take time to share her knowledge of the KML's unique collection to visitors to the Library.

We are including information on a rare though not unprecedented program co-sponsored by all five of the organizations that share the Jung Building, with lectures on our "Founding Mothers"—the women doctors and analysts who introduced Jung's teachings in this country. At a time when women doctors were rare, and psychoanalysts were a new breed altogether, these four claimed their destinies and laid the groundwork for us to claim ours.

We'll have a New Directions workshop on Saturday, March 17 on "Authentic Writing," presented by Fred Poole and Marta Szabo which sounds intriguing. We have no APC evening lecture this month, but we're printing the flyer for Iris A. Drey, MD's April program, "Update on Osteoporosis," which promises to be helpful and informative about this insidious disease that all of us need to be aware of.

Please join us for these programs, and let us have your feedback on them and any material that appears in the Bulletin. Send your comments, and your submissions, to me at kmylenki@gmail.com.

**FOUNDING MOTHERS: AN EVENT HONORING THE
FOUR WOMEN DOCTORS WHO INTRODUCED JUNG'S
ANALYTICAL PSYCHOLOGY TO THE UNITED STATES**

A Day-Long Conference Co-Sponsored by APC, ARAS,
C.G. Jung Foundation, C.G. Jung Institute and NYAAP
Saturday, March 31, 2012, 9:30 a.m. to 4:00 p.m.
At the C.G. Jung Center, 28 East 39th St., NYC

The five organizations that share the Jung Building, the Analytical Psychology Club, the Archive for Research in Archetypal Symbolism (ARAS), the C.G. Jung Foundation, the C.G. Jung Institute, and the New York Association for Analytical Psychology (NYAAP) join together to sponsor this day-long conference to present the lives and work of Doctors Beatrice Hinkle, Kristine Mann, Eleanor Bertine and Esther Harding, the pioneer analysts who brought Jung's theories and methods of clinical practice to New York in the early 20th century. Four lecturers will describe the history of these vibrant founding mothers who established the traditions that shape the programs sponsored today at New York's Jung Center.

The Presenters are: Jay Sherry, Ph.D., on Beatrice Hinkle, an independent historian of psychoanalysis and a member of the Board of the C.G. Jung Institute of New York. His book *Carl Gustav Jung: Avant-Garde Conservative* won a 2011 Gradiva Award. He is currently writing on the life and work of Beatrice Hinkle.

Beth Darlington, Ph.D., on Kristine Mann, a Professor of English at Vassar College and a licensed and certified Jungian analyst with a private practice in Poughkeepsie, New York. A member of NYAAP, she teaches at the C.G. Jung Institute of New York and the C.G. Jung Foundation.

Christopher Beach, J.D., on Eleanor Bertine, a Jungian analyst in Portland, Maine. Chris works with both individuals and dream groups. He is a member of the New England Society of Jungian Analysts and of the Ethics Committee of the International Association for Analytical Psychology.

Polly Armstrong, Ph.D., on Esther Harding, a Jungian analyst and clinical psychologist who recently retired from 30 years of private practice in Washington, D.C., and now lives on the coast of Maine. She served as director of education for the Jungian Analysts of Washington Association and for nine years was president of the Washington Society for Jungian Psychology. She is currently a member of NYAAP and the Jungian Analysts of Washington Association.

The cost of the conference is \$60.00. Send a check made out to the C.G. Jung Foundation of New York to "Founding Mothers," C. G. Jung Foundation, 28 East 39th Street, New York, NY 10016. Seating is limited; please reserve your space as soon as possible.

BULLETIN BOARD

The New Directions Committee of the APC, Inc. Presents:

THE AUTHENTIC WRITING WORKSHOP

Led by Fred Poole and Marta Szabo

Saturday, March 17, 2012 from 10 a.m. – 3:00 p.m.

At the C.G. Jung Center, 28 East 39th St. NYC

apcofny@aol.com / 212-557-1502

Fine writing is art, never a simple linear endeavor. Scenes appear to a writer not according to logic but rather in the way dreams emerge from the unconscious.

Come write your scenes and stories side by side with authors Fred Poole and Marta Szabo, directors of the Authentic Writing Workshops, where writing is approached as art – unpredictable, mysterious, and a key to self-discovery.



Renaissance painters spoke and wrote of how regardless of the subject what they were really painting was always themselves. Models in life drawing sessions speak of how what is being drawn looks not like them but like the person doing the drawing. In a crucial sense all art is about the artist. All art is memoir.

Fees for the workshop: \$45 for APC members, \$50 for non-members, college students with ID \$9

**For further information or to make a reservation
call 212-557-1502 or email apcnewdirections@aol.com**

*Fred Poole is a writer who has also immersed himself in painting, drawing, and theology. He is author of many books, including *Authentic Writing*, and is the founder of the Authentic Writing Workshops.*

*Marta Szabo is a writer and editor who lived in a yogic ashram for more than ten years. She is author of *The Guru Looked Good* and blogs her current work at Experiments-in-Memoir.blogspot.com. She is cofounder, with Poole, of the Woodstock Memoir Festival.*

The Analytical Psychology Club of New York, Inc. Presents:

UPDATE ON OSTEOPOROSIS

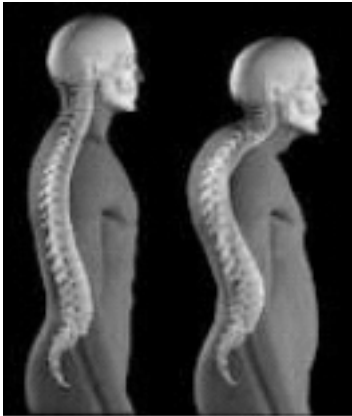
A lecture led by Iris A. Drey, MD, FAAOS

Fellow of the American Academy of Orthopaedic Surgeons

Thursday, April 12, 2012, 7:00 p.m. - 8:30 p.m.

At the C.G. Jung Center, 28 East 39th St., NYC

apcofny@aol.com / 212 557 1502



Osteoporosis is a disease of progressive bone loss associated with an increased risk of fractures. In the United States it is estimated that over 5 million women and 2 million men older than age 50 years have osteoporosis. It may develop unnoticed for many years. One in two women and one in five men over the age of 65 will sustain bone fractures due to osteoporosis. The most serious and debilitating osteoporotic fracture is the hip fracture. There are many factors that lead to osteoporosis. These include hereditary, nutritional, lifestyle in addition to

various illnesses and medications taken. Men are at risk for getting osteoporosis in addition to women. There is a wide variety of treatment options for osteoporosis. The more you know, the more you can protect yourself.

Who can get osteoporosis?

How are men affected by osteoporosis?

What are the factors that cause osteoporosis?

How is osteoporosis diagnosed?

What are the current treatments used to combat this disease?

Is it ever too late to treat osteoporosis?

These and many more questions will be answered during this evening's talk. Please bring in your bone density tests for any questions you may have about them.

Iris A. Drey, MD, FAAOS is a board certified orthopaedic surgeon licensed to practice orthopaedic surgery in New York and New Jersey. She is a graduate of Georgetown Medical School and completed her residency at University Hospital of Medicine and Dentistry in Newark, New Jersey. She currently works with Premier Orthopaedics and has offices in Bloomfield, Union City and Hoboken, New Jersey.

REFLECTIONS ON THE MONUMENT TO DR. MARTIN LUTHER KING, JR.

by Inez Martinez

Arms crossed, Dr. Martin Luther King emerges from stone between Thomas Jefferson, owner of African slaves, and Abraham Lincoln, their once-reluctant liberator.

The positioning of Dr. King's monument is worthy of America's dissociated moral history—a paradox of desire for “freedom and justice for all” and a history of genocide against Native Americans, of building wealth on slave, immigrant, and company-controlled labor, and of imperialistic foreign and economic policies.

Thomas Jefferson is a heart-rending example of the historical American split between consciousness of the ideal of justice and the practice of exploitative power. He wrote in *Notes on the State of Virginia*: “The whole commerce between master and slave is a perpetual exercise of . . . the most unremitting despotism on the one part, and degrading submissions on the other. . . . And with what execration should the statesman be loaded who, permitting one-half of the citizens thus to trample on the rights of the other, transforms those into despots, and these into enemies, destroys the morals of the one part, and *amor patriae* of the other.” Jefferson stands as the prototypical American who on the one hand articulates the ideal of equality under God and on the other lives his life served by the corruption of that ideal; in his case, slaves.

Lincoln also embraced the American ideal of equality under God, but was willing to govern a country practicing slavery, an institution he did not approve. His ambivalence manifests in his Aug. 22nd, 1862 reply to Horace Greeley: “My paramount object is to save the Union, and is not either to save or to destroy slavery. If I could save the Union without freeing any slave, I would do it; and if I could save it by freeing all the slaves, I would do it; and if I could save it by freeing some and leaving others alone, I would also do that.” He acknowledges the split within him in his conclusion: “I have here stated my purpose according to my view of official duty, and I intend no modification of my oft-expressed personal wish that all men, everywhere, could be free.”

Between them America has now placed Dr. King, a man willing to suffer in order to spur Americans to become conscious of the split between our ideals and our practices. Through raising our consciousness of this split, he challenged us to change our practices. Notably, he was not a president, but a private citizen who could honor conscience above expedience, and not only a private citizen, but a Christian minister. His Christian faith enabled him to trust that if white Americans could be brought to

see the latent violence maintaining the subjugation of black Americans, they would change. Less idealistically, he must also have been motivated by his being a black man and a descendant of slaves. Whatever King's motives, his practice of suffering violence without retaliating lifted the physical level of oppression to the psychological dimension of consciousness in order to make transformation possible.

I recall hearing a priest who had been part of the Civil Rights Movement in the South describe the rigors of non-violent resistance. He and his group, consisting of white and black people, entered and sat at the counter of a restaurant with the sign "whites only" in the window. Seemingly within seconds, the patrons dragged them outside. They brutally beat them. The citizens did not resist. Their willingness to suffer violence without returning it had the power of what the priest called "moral jujitsu." He said he saw the face of the restaurant owner watching the latent violence enforcing segregation becoming bloodily manifest before his eyes. Released from jail, he returned to the restaurant and saw that the sign "whites only" had been removed. In this case, recognizing the threat of violence sustaining segregation had resulted in consciousness not merely conceptual, but an understanding that integrated emotions and resulted in changed behavior.

Guiding the Civil Rights Movement in this way, risking his body, his freedom, his life, Dr. King led black Americans and their multi-colored allies in pursuit of legal and cultural acknowledgment of the humanity and citizen status of descendants of African slaves. In so doing, he helped bridge the split between the American ideal of equal rights and the American practice of racist policies.

- Part 2 will appear next month -



WE REMEMBER MICHELE MCKEE

by Jean Hess Green, PhD, DAPA

On Sunday afternoon, January 15th, at the Jung Center, a memorial tribute was held in celebration of, in gratitude and recognition of, Michele McKee, retired Chief Librarian of the Kristine Mann Library, who left us on December 21st, 2011, having contracted a severe pneumonia.

I have been told Michele was born in Fall River, Massachusetts, and began a modeling career in Boston early in her adult life. I can well believe that, for she was a very striking, lean black-haired beauty! But I knew her only much later when she joined the New York Jungian community as Assistant Librarian at the KML, in 1987 or 98, upon the resignation of Betsy Pepperman, and worked under Doris Albrecht who had headed the Library since before it moved to the building on East 39th Street in 1974.

IN MEMORIAM

As an APC executive committee officer, and then president of the APC, I became well acquainted with her. In 1991, when Doris retired and a successor was sought, I, with others, championed Michele, as by far the best qualified to assume the Chief Librarianship. She had thoroughly learned the job, mentored by Doris, had absorbed the ethos of analytical psychology, had mastered knowledge of the collection, knew the structure and purposes of the Jungian community organizations, had earned the respect and friendship of them and of the public whom the KML equally serves. In the end, she was hired for the position. As she did not possess formal library science credentials, she agreed to pursue these at Pratt Institute, with APC partly underwriting the costs. By the mid-nineties, this was accomplished.

One of Michele's important initiatives was to convert the KML collections catalogue and other records to an electronic database, which also ensured user-friendly accessibility. She gave attention to public outreach, increasing circulation and membership in the Library and inviting other psychoanalytic training facilities in the City to use the collection.

I would like to emphasize how well she did what a library is supposed to do: make itself a bridge over which knowledge and information can pass freely and meaningfully from the written page to the minds who seek and need it. This Michele patterned the functioning of the KML to do, herself becoming the means in significant ways. Friendliness, resourcefulness, reliability, openness and responsiveness were the qualities she offered and exhibited, whether the request came from researchers around the world, from training candidates seeking to document and understand their studies, from analysts who asked for intuitive pointers in the Jungian literature, from high school students who had just heard the name of C. G. Jung and came wondering.

She paid close attention to acquisitions and to the difficult cataloguing that was required to do justice to Jung's interests and to scholarship in collateral fields. The seemingly perpetual unsolved problems of the KLM -- lack of growing space and lack of funds for expansion -- remain, of course, but while Michele's hand held the reins, creative ways to minimize these limitations were always percolating in her heart and mind, continually rubbing the richness of the KML to undiminished brightness.

It was always a delight and stimulating fun to walk through that 4th floor door. Michele McKee is well remembered, and warmly so. The Kristine Mann Library and the APC are indebted to her life, her energy, her love, her whole personality, so lavishly spent with them and for them. The whole New York community may say 'Amen' with us.

Analytical Psychology Club of New York, Inc.
28 East 39 St
New York NY 10016